



KARNATAK UNIVERSITY: A STUDY ON TEAM GAMES PERFORMANCE OF MEN AND WOMEN IN ALL INDIA INTER-UNIVERSITY AND SOUTH ZONE INTER-UNIVERSITY SINCE 1953 TO 2015

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ABSTRACT:-

In today's age of scientific knowledge, man is making rapid progress in all walks of life and it is true in the area of games and sports also. Scientific knowledge has revolutionized the standard of human performance in sports disciplines. The athletes are now trained on scientific lines



and using highly sophisticated technology for top performance in their specific sport to get optimum performance in their specific sport, to get optimum performance with, minimum expenditure of energy and Health, the basic objective of Physical Education is a state of condition under which an individual is

capable of mobilizing all his resources, intellectual, emotional and physical, for optimum living.

KEYWORDS: Team Games Performance, optimum performance, intellectual, emotional and physical.

INTRODUCTION :

The Bombay legislature of the erstwhile Bombay Presidency established Karnatak University through the Karnatak University Act 1949. Karnatak University was founded in the year 1950 at Dharwad, the city of seven hills, by an Act of the then Bombay Provincial Government. This is situated on one of the beautiful hills which is called Chota Mahabaleshwar i.e., next to the hill station Mahabaleshwar in Maharashtra. It is one of the reputed Universities in India today not only in academic performance but also in the field of sports. Since its inception, it has given prime importance to the promotion of sports and games and has also arranged various sports programmes for the youth. Even under the Bombay University this part of Karnataka was known for sports and games and had produced a good number of sports persons who represented the Bombay University and also the state. Formerly Karnatak University was the second oldest University in Karnataka state. Its jurisdiction covered eight revenue districts of Belgaum, Bellary, Bidar, Bijapur, Dharwad, Gulbarga, Raichur and Uttar Kannada which were a part of Bombay and Madras Presidency and Hyderabad state.

After the establishment of the Gulbarga University in 1981 and Mangalore University, only four revenue districts of Belgaum, Bijapur, Dharwad, and Uttar Kannada remained under the jurisdiction of Karnatak University. Now all the colleges in the newly formed districts of Bagalkot, Gadag and Haveri come under its jurisdiction. There are now 240 colleges affiliated to this University. Among these are Arts, Science, Commerce, Engineering, Medical, Dental, Law, Education, Physical Education, Ayurvedic, Homoeopathic and Nursing colleges. To these are added Post-Graduate Centres at Dharwad, Belgaum, Bijapur and Karwar. For smooth and efficient

organisation and administration of sports programme, the colleges are divided into Five Zones: Dharwad, Hubli, Belgaum, Bijapur and Uttar Kannada. The Inter-Collegiate Tournaments are conducted on Single Zone, Two-Zone and Four-Zone basis depending upon the games and participation. Individual events like athletics, swimming, wrestling, weight lifting, gymnastics, mallakhamb, cycling and team games like tennis, chess are conducted on single zone basis. Team games like Kho kho, Kabaddi, Volleyball, Basket ball, Football, Hockey, Cricket, Badminton, Table Tennis are conducted on Zonal and Inter-Zonal basis.

The Karnatak University has been having a full-fledged Sports Section since 1971. A Director of Physical Education and Eight coaches in Athletics, Swimming, Volleyball, Wrestling, Cricket, Badminton, Hockey and Yoga are provided.

There are 05 constitute college offering UG courses in science, arts, commerce, fine Arts, law and education, karnatak Arts and karnatak Science Colleges also offer P G courses. There are 23 Hostels in all including a working woman's Hostel and Ladies hostels. These provide residential accommodation to 2600 students of U G and P G courses.

The University has established 04 P G campuses, at Belgaum, Haveri, Gadag and Karwar which are District Headquarters. All campuses are self contained and are at various stages of development. After the establishment of the Rani Channamma University in 2010, only 03 P G campuses is now Gadag. Haveri, and Karwar.

Illustrative Case Studies

These are primarily descriptive studies. They typically utilize one or two instances of an event to show what a situation is like. Illustrative case studies serve primarily to make the unfamiliar familiar and to give readers a common language about the topic in question.

PURPOSE OF THE STUDY:

Physical Education is a vigorous physical activity that can provide an inexpensive and practical workout for most people. Physical Education Training is an excellent all-round exercise program since any amount of exercise can be incorporated with the program to enhance the body's physical and physiological fitness. Physical education and sports, being integral parts of education have also experienced the effect of scientific advancement. Now, the sportsmen have been able to give outstanding performance because of involvement of new scientifically sustained training methods and means of execution of sports exercise such as sports techniques and tactics, improvement of sportswear and equipment's as well as other components and conditions of the system of sports training. The present study aims to find out the south zone and all India University tournaments men and women team games performance Karnatak University, Dharwad region. Further through its investigation the present study aims to recommend the Karnatak University authorities and District Youth Sports Services departments to provide the proper infrastructure facilities to improve the standard of Indian Athletics at grass root level.

OBJECTIVES OF THE STUDY:

- To explore the sports performances of Men and Women Player's in Team Games of Karnatak University, Dharwad from All India inter University and South Zone Inter University tournaments.
- Through its investigation the present study aims to recommend the Karnatak University authorities and Degree College's affiliated under Karnatak University to provide the proper infrastructure facilities to improve the standard of Indian players at grass root level in Karnatak University region.

HYPOTHESES OF THE STUDY:

- There would be number of performance men and women players to team games from Karnatak University, Dharwad region to All India inter University and South Zone Inter University Team Games.
- Through its investigation the present study aims to recommend the Karnatak University authorities and Degree College's affiliated under Karnatak University to provide the proper infrastructure facilities to improve the

standard of Indian players at grass root level in Karnatak University, Dharwad region.

SIGNIFICANCE OF THE STUDY:

- This study assumes great significance given to its comprehensive study to delineate the contributions and performance of Karnatak University, Dharwad region to All India inter University and South Zone Inter University Team Games.
- It reveals the contributions All India inter University and South Zone Inter University Team Games player's performance to Karnatak University, Dharwad.
- The study further explores Men and Women player's achievements to Karnatak University, Dharwad at All India inter University Event.
- Through its investigation the present study aims to recommend the Karnatak University authorities and Degree College's affiliated under Karnatak University, Dharwad to provide the proper infrastructure facilities to improve the standard of Indian players at grass root level in Karnatak University, Dharwad region.

• MATERIALS AND METHODS

Based on the objectives laid down in the present study the illustrative case study method were used to obtain the data and the methods tools were explained and presented in the following ways,

• Sources of Data and Information

The different sources and methods used by the researcher to gather data and information about the contributions and performance in team games of Karnatak University, Dharwad region players. There are two major sources and methods that have been identified by researcher to obtain the information and data are documents, and archival records.

• (a) Documents

Researcher visited the Karnatak University , Dharwad Department of Physical Education to get the related data information of the study in the form of records maintained in the register book. These were studied and information retained as documents for the investigation.

• (b) Archival Records

The official records of Athletics players name lists in the register book of Karnatak University, Dharwad Department of Physical Education were searched and information and data is retained for the study.

• MAJOR FINDINGS

Team Games Wise Analysis of Data

The analysis of Karnatak University, Dharwad player's Achievements in All India Inter University and South Zone Inter University Team Games there are Men Kabaddi team, Men Cricket team, Men Shuttle Badminton team, Women Shuttle Badminton team, Men Field Hockey team, Women Table Tennis team, Men Volleyball team, Men Table Tennis team, Men Basket Ball team and Women Kho-Kho team.

Table No 01
Men Kabaddi Team and Result

SI No	Year	Venue	Tournament Level	Result
01	1953-1954	Poona	All India Inter University Level	Runner's
02	1995-1996	Mangalore	South Zone Inter University Level	Winner's
		Nagapur	All India Inter University Level	Third Place
03	1997-1998	Nagapur	South Zone Inter University Level	Third Place
04	2006-2007	Dharwad	South Zone Inter University Level	Third Place
05	2010-2011	Dharwad	South Zone Inter University Level	4 th Place

Table No. 01 Presents the Karnatak University, Dharwad Men Kabaddi team achievements in the All India Inter University and South Zone Inter University Men Kabaddi tournament. The Discussion of above table is given below.

- + The Men Kabbadi team of Karanataka University, Dharwad has made Runner's place at All India Inter-University Level held at Poona in 1953-1954.
- + After long time in the year 1995-1996 the Karanatak University, Dharwad Kabbadi team men made a great achievement at South Zone Inter-University Level by securing Winner's of the Tournament held at Mangalore and in the proceeding event at All India Inter-University Level held at Nagapur the kabbadi team Men Secured third place.
- + In the year 1997-1998 once at Nagapur South Zone Inter University Level the Kabbadi team Men achieved Third place.
- + In the years 2006-2007 and 2010-2011 at Same Venue Dharwad South Zone Inter University Level the team secured third place and later secured fourth place.

Table No 02
Men Cricket Team and Result

SI No	Year	Venue	Tournament Level	Result
01	1954-1955	Dharwad	West Zone Inter University Level	Runner's
02	1969-1970	Dharwad	South Zone Inter University Level	Runner's
03	1993-1994	Mangalore	South Zone Inter University Level	Winner's
		Darbhanga	All India Inter University Level	4 th Place
04	1995-1996	Nagapur	South Zone Inter University Level	Winner's
05	2000-2001	Nagapur	South Zone Inter University Level	Third Place
06	2001-2002	Nagapur	South Zone Inter University Level	4 th Place

Table No. 02 Presents the Karnatak University, Dharwad Men Cricket team achievements in the West zone Inter University Level, South Zone Inter University and All India Inter University Men Cricket tournament. The Discussion of above table is given below.

- + The Men Cricket Team of Karanatak University, Dharwad has made Runner's at West Zone Inter-University Level held at Dharwad in 1954-1955.
- + After long time in the year 1969-1970 the Karanatak University, Dharwad Men Cricket Team made an achievement at South Zone Inter-University Level by securing Runner's place held at Dharwad.
- + In the year 1993-1994 the Men Cricket Team of Karanatak University, Dharwad has made great achievement at South Zone Inter University Level held at Mangalore by becoming Winner's of the Tournament and at the proceeding event at All India Inter-University Level Held at Darbhanga the Men Cricket Team of Karanatak University has to satisfy by Securing Fourth place.
- + In the year 1995-1996 at Nagapur South Zone Inter University Level the Cricket Team of Karanatak University, Dharwad Men made great achievement by achieving the Winner's place and in the years 2000-2001 and 2001-2002 at Same Venue Nagapur South Zone Inter University Level the team secured third

place and later secured fourth place.

Table No 03
Men Shuttle Badminton Team and Result

SI No	Year	Venue	Tournament Level	Result
01	1969-1970	Dharwad	South Zone Inter University Level	Winner's
02	1983 - 1984	Warangal	South Zone Inter University Level	Runner's
03	2009-2010	Mangalore	South Zone Inter University Level	Third Place

Table No. 03 Presents the Karnatak University, Dharwad Men Shuttle Badminton Team achievements in the South Zone Inter University and All India Inter University Men Shuttle Badminton tournament. The Discussion of above table is given below.

- + The Men Shuttle Badminton Team of Karanatak University, Dharwad has made a great achievement by securing First place at South Zone Inter-University Level held at Dharwad in 1969-1970 for winner's.
- + After long time in the year 1983-1984 the Men Shuttle Badminton Team of Karanatak University, Dharwad has made another achievement at South Zone Inter University Level held at Warangal by securing Runner's for Second place.
- + In the year 2009-2010 South Zone Inter-University Level held at Mangalore in Men Shuttle Badminton Team of Karanatak University, Dharwad has to satisfy by Securing third place.

Table No 04
Women Shuttle Badminton Team and Result

SI No	Year	Venue	Tournament Level	Result
01	2009-2010	Mangalore	South Zone Inter University Level	4 th Place

Table No. 04 Presents the Karnatak University, Dharwad women Shuttle Badminton Team achievements in the South Zone Inter University and All India Inter University women Shuttle Badminton tournament. The Discussion of above table is given below.

- + The Women Shuttle Badminton Team of Karnatak University, Dharwad secured Fourth place at South Zone Inter University Level held at Mangalore in the year 2009-2010.

Table No 05
Men Field Hockey Team and Result

SI No	Year	Venue	Tournament Level	Result
01	1974-1975	Dharwad	South Zone Inter University Level	Winner's

Table No. 05 Presents the Karnatak University, Dharwad Men Field Hockey Team achievements in the South Zone Inter University and All India Inter University Men Field Hockey tournament. The Discussion of above table is given below.

- + The Men Field Hockey Team of Karnatak University, Dharwad made a great achievement by placing First place for Winner's at South Zone Inter University Level held at Dharwad in the year 1974-1975.

Table No-06
Women Table Tennis Team and Result

Sl No	Year	Venue	Tournament Level	Result
01	1989 - 1990	Dharwad	South Zone Inter University Level	Runner's

Table No. 06 Presents the Karnatak University, Dharwad Women Table Tennis Team achievements in the South Zone Inter University and All India Inter University Women Table Tennis tournament. The Discussion of above table is given below.

- ✦ The women table tennis team in the year 1989-1990 the Karnatak University, Dharwad made an achievement at South Zone Inter-University Level by securing Second place for Runner's held at Dharwad.

Table No 07
Men Volleyball Team and Result

Sl No	Year	Venue	Tournament Level	Result
01	1990-1991	Gulbarga	South Zone Inter University Level	Runner's
02	1991-1992	Kuvempu	South Zone Inter University Level	Winner's
03	1992-1993	Mangalore	South Zone Inter University Level	Winner's
		Calcutta	All India Inter University Level	3 rd Place
04	1993-1994	Dharwad	South Zone Inter University Level	Runner's
		Udaipur	All India Inter University Level	3 rd Place

Table No. 07 Presents the Karnatak University, Dharwad Men Volleyball Team achievements in the South Zone Inter University and All India Inter University Men Volleyball tournament. The Discussion of above table is given below.

- ✦ The Men Volleyball Team of Karanataka University, Dharwad has made second place at South Zone Inter-University Level held at Gulbarga in the year 1990-1991 for securing Runner's.
- ✦ In the year 1991-1992 the Karanataka University, Dharwad Volleyball team men made a great achievement at South Zone Inter-University Level by securing first place for winner's held at Kuvempu University, Shimoga.
- ✦ In the year 1992-1993 Karanataka University, Dharwad Volleyball team men made a great achievement at South Zone Inter-University Level by securing Winner's of the Tournament held at Mangalore and later in the presiding event at All India Inter University Level the Karanataka University, Dharwad Volleyball team men made an achievement at by securing Third place of the Tournament held at Calcutta.
- ✦ In the year 1994-1994 Karanataka University, Dharwad Volleyball team men made a great achievement at South Zone Inter-University Level by securing Runner's of the Tournament held at Dharwad and later in the presiding event at All India Inter University Level the Karanataka University, Dharwad Volleyball team men made an achievement at by securing Third place of the Tournament held at Udaipur.

Table No 08
Men Table Tennis Team and Result

Sl No	Year	Venue	Tournament Level	Result
01	1990-1991	Hyderabad	South Zone Inter University Level	Runner's
02	1991-1992	Madras	South Zone Inter University Level	3 rd Place

Table No. 08 Presents the Karnatak University, Dharwad Men Table Tennis Team achievements in the South Zone Inter University and All India Inter University Men Table Tennis tournament. The Discussion of above table is given below

- ✦ The Men Table Tennis Team Karnatak University, Dharwad has made second place at the south Zone Inter University level held at Hyderabad during the year 1990-1991 for securing Runner's.
- ✦ During the year 1991-1992, the Karnatak University, Dharwad, Men's Table Tennis Team secured third place at South Zone Inter University Level at Madras.

Table No 09
Men Basket Ball Team and Result

Sl No	Year	Venue	Tournament Level	Result
01	1990-1991	Mysore	South Zone Inter University Level	3 rd Place

Table No. 09 Presents the Karnatak University, Dharwad Men Basket Ball Team achievements in the South Zone Inter University and All India Inter University Men Basket Ball tournament. The Discussion of above table is given below

- ✦ The Men Kho-Kho Team of Karnatak University, Dharwad has made third place at the south Zone Inter University level held at Mysore during 1990-1991.

Table No 10
Women Kho-Kho Team and Result

Sl No	Year	Venue	Tournament Level	Result
01	1990-1991	Madras	South Zone Inter University Level	4 th Place

Table No. 10 Presents the Karnatak University, Dharwad Women Kho-Kho Team achievements in the South Zone Inter University and All India Inter University Men Kho-Kho tournament. The Discussion of above table is given below

- ✦ The Women Kho-Kho Team of Karnatak University Dharwad has made Fourth place at the south Zone Inter University level held at Madras during the year 1990-1991.

CONCLUSIONS

From the above discussions we come to conclusions that the achievements of Karnatak University, Dharwad in Sports is very commendable and specially the Department of Physical Education have provided available facilities to the young budding sports talents of Karnatak University, Dharwad to perform their talent at All India Level Men and Women Team Games got very much encouragement to represent and perform at south zone and all India Inter University level tournaments.

SUGGESTIONS

Through the investigation the present study suggests that the Karnatak University, Dharwad authorities and Departments of Physical Education plays a very important role in encouraging sports talent each Degree College should be provided with proper infrastructure and coaching facilities to player's to improve the standard of Game at grass root level in Karnatak University region.

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