



## RELATIVE INVESTIGATION OF MENTAL VARIABLE WILL TO WIN AMONG FEMALE HOCKEY PLAYERS

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### ABSTRACT

The reason for this examination was to discover mental variable will to win among female hockey players of various playing position. The examiner had chosen ninety (N=90) female hockey players of school level go about as subject. They were isolated into three gathering (N=30; safeguards, N=30; midfielder and N=30; Attackers). The purposive examining system was utilized to choose the subject. One-route examination of fluctuation (ANOVA) was utilized to analyze the diverse playing position in hockey. where 'F' values were discovered huge, LSD (Least Significant Difference) post-hoc test was connected to discover the bearing and level of distinction. The dimension of essentialness was set 0.05. With the end goal to quantify the dimension of will to win of the subject (Kumar and Shukla, 1988) poll was utilized. There were critical distinction discovered variable will to win among female hockey players from various playing position. while computing the mean estimation of All the position, it was seen that aggressor female hockey players had show essentially will to win when contrasted with their partner safeguards and midfielders female hockey players. It demonstrate that assailant female hockey players are more resolved to play well, give careful consideration, indicate positive conduct, exhibit battling soul while playing which empowered them to exceed their partner protectors and midfielders female hockey players. It is finished up from the discoveries that huge contrast among female hockey players in various position on the variable will to win. Along these lines it demonstrate aggressors female field hockey players had abnormal state will to win from others position.

**KEYWORDS:** : field hockey, will to win, execution y of mental variable will to win among female hockey players.

### INTRODUCTION

In the realm of games physical wellness isn't viewed as the principle factor to make progress. Notwithstanding physical wellness, specialized and strategic capacities, the games brain research and the games human science assume a powerful job in accomplishing magnificence in games vocation. The central purpose of present day sports on winning not simply taking part and playing. Physical wellbeing or wellness or euphoria are not any more the reason or even the objective. Sports and amusements are aggressive in nature. Field hockey is amusement requiring abnormal state of wellness. Hockey players require a decent blend of physical and mental prosperity. Of the considerable number of components influencing sports execution, it appears that the most imperative is the capacity of the competitor to personality and accept the suitable inclination required to perform taking care of business when he needs to do. Identity which impact the execution additionally influence by many factor like will to win enthusiastic insight, inspiration and so on. Subsequently we were talking about here mental variable will to win. There is have to study will to win since will to win influence to a great extent our execution. Will to win characterized as the force of the longing to crush an adversary to surpass some execution standard in given games. This build is like need-accomplishment and inward locus of control. It is likewise related incompletely to rivalry and some piece of

animosity. Hockey is a session of positional play each position is unmistakable, and each position player has obligations intended to add to generally speaking group achievement. Will to win a central pretend in games. How a competitor handle the desire of win decides how effective he would be. Will to win might be a positive inspiring power or it might meddle with effective execution in games occasions. Poul (1960) appropriately commented "A champ never stops and the slackers never win". That implies on the off chance that one wants to win without a doubt win. It demonstrates that where there is a will, there is a way. As indicated by kauss (1996), how you feel is the means by which you play. The centrality of will to win impact on games execution has regularly been apparent in many remarks of observers, group chiefs and group execution amid and after rivalry. Hockey is a session of positional play each position is particular. This examination subsequently research the pertinence of will to win female hockey players of various dimension. Restricted research has examined will to win. It appears to be instinctive that the dimension of one's will to win will identify with their execution and conduct on games field. Research has demonstrate mental aptitudes encourage athletic execution.

#### **MATERIAL AND METHOD:**

Scientist had chosen ninety (N=90) female hockey players from various schools. The examination was delimited to age gathering of 19 to 25 years. The subjects were isolated into three gathering; (N1=30; Defenders, N2=30; Midfielders and N3=30 Attackers). The purposive testing system was utilized to choose subjects. One path examination of fluctuation (ANOVA) was utilized to look at the changed playing position in hockey. where 'F' values were discovered critical, LSD (Least Significant Difference) post-hoc test was connected to discover the course and level of distinction. The dimension of noteworthiness was set 0.05. All the subject, in the wake of having been educated about the goal and convention of the examination.

#### **INSTRUMENT:**

For the accumulation of information analyst Administered (Kumar and Shukla, 1988) will to win survey. Will to win survey comprise of 14 things, in which 7 things are valid and rest of 7 false. For every thing 1 score ought to be given for following reactions, with the goal that most extreme score might be 14 on this survey and least being 0 and higher reflects more prominent will to win.

#### **TECHNIQUE:**

The survey will to win regulated of three gathering (each N=30) of subjects. Heading and guidance given by scientist precisely. The reaction sheet were scored according to guidance and crude information were gathered and measurably handled.

#### **DISCUSSION**

The present examination has featured the centrality of contrast with respect to will to win, among female hockey players from various playing position. It demonstrate that assailant female hockey players had exhibit altogether will to win when contrasted with their partner protectors and midfielders female hockey players. Singh and Reddy (2010) demonstrated huge contrasts as to will to win among male long separation sprinters, short separation sprinters, jumpers and hurlers.

#### **CONCLUSION**

It is closed from the discoveries that critical contrasts among female hockey players on the mental variable will to win on various field hockey position. Assailants had abnormal state of will to win from protectors and midfielders.

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