

## STUDY OF THE DEVELOPMENT OF SKILLS TENNIS VOLLEYBALL

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### **Abstract:**

*The game tennis volleyball has been started by Dr. Venkatesh Wangawad in 1985. The regular matches of championship of this game was started in 1999. The skills of the game Was used the volleyball skills, like service, understand pass, hit by two hand, hit by one hand.*

### **KEYWORDS:**

Development , Tennis Volleyball , Matches , Championship .

### **INTRODUCTION**

To overcome the opponent the skill should be used by the player that opponent player cant able to Return the ball. He must feel difficulty to play the ball. So that the research scholar have conducted the study on his own team and development the skills of tennis volleyball.

### **Method and procedure of the study:-**

Player sample selected for this study are 8 players of state team.

The study was conducted for 6 months duration treatment given to the player was every time they should use spin force. the spin force may be anyone either top spin, back spin and side spin.

### **Tools and Techniques of the study:-**

1. Bounce of service:- For this test the height of the bounce and distance travel by the ball and angle of the bounce has been measured.

### **2. Hitting the ball by two hand:-**

Same test as above conducted.

### **3. Hitting the ball by two hand:-**

The Same test as above conducted to measure the effect of the skill.

### **Analysis:-**

In bounce of service that height of the bounce was increased by 40cm. of each team And angle of bounce was decreased by 15cm. than the present in hitting the ball by one hand and two hands also found the same result. The effect of change in height, bounce, and angle and force is very much effective to play the ball to opponent player. So that who is using the spin force for every attempt of play he

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give the point and opponent make the mistake of return the ball.

**Conclusion:-**

1. Using the spin force is very much effective for performance of tennis volleyball.
2. The player play D and type of skill service, hit, pass was very much effective for the getting the points.
3. In match also those who have used the spin. They win match