

Resume

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EDUCATIONAL QUALIFICATION :

- Ph.D. Pursuing from Alagappa University, Tamilnadu.
- Passed NET exam in the year 2000
- Passed SLET exam in the year 2001
- M.Phil . Annamalai University 2009.
- M.P.Ed . Karnatak University 2000. II nd rank to the university.
- B.P.Ed . Shri.K.G.Nadgir College Of physical Education Dharwad. 1999.

WORK EXPERIENCE (11 Years) :

- Working as a Physical Education Director at Gogte College of Commerce, Belgaum since July 2007.
- Worked as a Lecturer at Shri .K.G.Nadgir college of Physical Education Dharwad from 2000 to 2007.
- Worked as a Guest Lecturer at P.G.Department of Physical Education, Karnatak University from 2003 to 2007.

RESEARCH AND PUBLICATIONS :

- **Awarded a Minor Research project under the UGC XI plan scheme for the project titled “ EXERCISE MODALITIES TO PREVENT AND CONTROL DIABETES MELLITUS AND CORONARY ARTERY DISEASE RISK FACTORS”.**
- Guided M.P.Ed students of Karnatak University for Dessertation work.
- Authored book titled “ Handball aatada niyamagalu ” approved by the Karnataka State Handball Association.
- Authored book titled “ Netball aatada niyamagalu ” approved by the Karnataka State Netball Association.

- Authored book titled “ Handball, Beach Handball, Mini Handball Niyamagala Kaipidi” isbn – 978-93-82986-01-0
- Authored book titled “Netball mattu Fast Five Niyamagala Kaipidi” isbn –
- Published article in the International Journal Of Sports Technology Management and Allied Science with ISSN – 2319-5274
- Presented paper at the International conference titled “ SPORTS DRINKS" held at Goa .
- Presented paper at the International conference titled “ Physiological and Age Considerations for talent Identification Process " held at Brahmavar.
- Presented paper at the International conference titled “ Comparison of Various talent identifacation Systems "held at Brahmavar.
- Presented paper at the International conference titled “ Functional Fitness "held at Kanyakumari , ISBN :978-81-908352-3-7
- Presented paper at the National conference titled “ Comparison of different modalities for the treatment of DOMS " held at Pune.
- Presented Paper at the State level conference titled “ Career opportunities in Physical Education and Sports " held at Dharwad.
- In the process to publish two books titled 1) Sports Management (Facilities, Equipments and Fixtures) 2) Beach Handball mattu Mini Handball aatada Niyamagalu.

Key Contributions

- Served on Karnataka State Syllabus Framing committee for High school in Physical Education
- Served on the text book preparation & textbook review committees.
- Resource person for various workshops conducted by Dharwad and Belgaum DDPI departments for the propagation of Handball and Netball at school level.
- Worked as a member of the question paper framing committee for the B.P.Ed examinations for Karnatak University.

ASHWIN.R.