



RESUME

A. General Information:

1. Name : **Dr. Usha Dnyanoba Kodgire**
2. Date of Birth : 5th October 1959.
3. Address : Office : College of Physical Education, Behind Godavari New Bridge, Kautha, Nanded. 431603.
Resi: : "Mauli Prasad" Dhangar Galli, Chikhalwadi, Gurudwara gate No. 2 road Nanded. Mobile : 9822267603 / 9822432816
4. Designation : Lecturer In Physical Education.
5. Department : Sports Psychology & Sports Sociology.
6. Date of Appointment : 16-7-1986
7. Total No. of years in Service : 23 year

B. a) Academic Qualification : M.Com., M.P.Ed., M.Phil., Ph.D.

Exam	Board / University	Year	% of Marks	Class / Grade
S.S.C.	Pune Board	1976	52.3%	II
H.S.C.	Pune Board	1978	51.3%	II
B.Com	Marathwada Uni.	1981	62.3%	I
B.P.Ed	Marathwada Uni.	1982	65.9%	<u>Merit First in First</u>
M.P.Ed	Marathwada Uni.	1983	68.5%	<u>Merit First in First</u>
M.Com	Marathwada Uni.	1989	54.5%	II
M.P.Ed.	S.R.T.M. University	2002	71.93%	I
M.Phil. Phy. Edun.	University of Pune	1999	"A"	"A"
Ph.D. Phy. Edun.	University of Pune	5 th Oct.2009		Awarded
P.G. Dip. Yoga Edun.	Alagappa Uni. Karaikudi	2013	Appear	Appear

b) Other Qualification:

C I T.	C.M.C. Limited,Nanded	2003	“A”	“A”
U.G.C. phy. Fitness Test	Chandrashekhar Agashe College of Phy.Edun.Pune	26-09-2008	---	Qualified

C. Experience :**Teaching Experience.**

1. Two years as a lecturer in Physical Education at College of Phy. Edun. Satara From 1984-86.
2. Teaching Experience as a Lecturer in Physical Education at College of Physical Education, New Kautha, Nanded. From 1986 up to this date.
U.G.Level _____ Year., P.G. Level _____ Years.
3. Associate Professor in the School of Education (Subject Phy. Edun.) S.R.T.M.University Nanded.
13th June 2012 to 14th May 2013.

ADMISTRATIVE EXPERIENCES

- 1.
2. Worked As a “**Vice - Principal**” From 1996 to 1999,2005-2009 & **Incharge Principal** **7th May to 30th Dec. 2009** at College of Physical Education.New Kautha, Nanded.
3. Appointed as a Co-ordinater for M.P.Ed. Course 1992-93, 1996-97.

D. Recognition as a Research Supervisor / Guide.

1. Recognition as a Research Supervisor in (Phy. Edun.) S.R.T.M.University, Nanded. Date 24-12-2012.
2. Recognition as a Research Supervisor / Guide in Shri Jagdish Prasad Jhabarmal Tibrewala University. (Conducted by Shri Rajasthani Seva Sangh Mumbai.) Vidyanagari, Jhunjhunu – Churu Road Dist. Jhunjhunu, Rajasthan – 333001, India.

E . Member of University Bodies & Public Bodies.

1. **Member of Board of Studies** (Physical Education) SRTMU Nanded.
2. **Member of 32 (5) Committee** Physical Education SRTMU Nanded.
- 3.. **Member of Sports Scan, Sports Fitness & Education Acadamy, Nanded.**

F. Participation on corporative life at College / University.

1. **Joint Chief Supdt.** for University Exams SRTMU Nanded.
 1. **Year 2000 at N.S.B. College, Nanded.**
 2. **Year 2005 at Science College, Nanded.**
2. **Member of B.P.Ed., M.P.Ed. Central Admission Committee of SRTMU.** Nanded. Year 1999, 1995.
3. **Examiner Chairman of B.P.Ed. & M.P.Ed. Practical Exam.** Year 2001.
4. **Chairman & Paper setter** B.A. I,II,III year, B.P.Ed., M.P.Ed.
5. **Subject Expert** on Selection Committee for the Selection of Lecturer in Phy. Edun. **College of Phy.Edun. Udgir Year 2003, Nagnath College of Phy. Edun. Jawala Bazar, 2009-2010.**
Yeshwant College of Physical Education. Nanded. Date. 12-8-2010,
Maharashtra Udayagiri Mahavidyalaya 29th Oct. 2012.
6. Worked as an official for inter collegiate sports activity. **Kabaddi.**

7. Worked as committee member of selection committee of University teams for '**Kabaddi**', **Judo**, **Badminton** & **Cricket**.
8. **Team Manager & Coach** inter University level.
9. Worked in **flying squad** at university Examination.(S.R.T.M.U.) Oct. 1999 to March 1999,
March 2001 to March 2004.

G Research Activity.

1. **Completed M.Phil.** Degree in 1999.
2. **Guidance to the M.P.Ed.** Students for their dissertation work.
3. **Awarded Ph.D.** Degree in 5th October 2009.
4. Guidance to Ph.D. Scholar.

H **Seminar Conferences attended.**

Name Place & date	Sponsor Agency	Duration	
"World Conference" Singapore Teaching, Coaching & Fitness to 6 Dec 1997 needs in Phy.Education and Sports Sciences.	The school of Phy. Edun. National Institute of Edun. Nanyang Technological Univ. Republic of Singapore .	3 days	4
International Congress 98 Gwalior Management of Physical Education & Sports	Alumni Association of LNIPE (Deemed University) Gwalior	5 days	
.State Level Seminar Pune Current issues & Tredes 20th & 21st in Physical Education & Sports March 1997	Organized by M M's Chandrashekhar Agashe College of Physical Education, sponsored by UGC & University of Pune.	2 days	
Akhil Bhartiya Krida Yeotmal Sahitya Sammelan Sportica. 28,29,30 Jan.2000.	Dr. Babasaheb Nandurkar College Yeotmal.	3 days	
All India Seminar for Mount 'Abu' Sports person on Rajasthan "overcoming Mental Pressure 13rd to 16th during competitive situation. April 2002	Sports wing of RERF and Brahma Kumari's Institution at Brahma Kumari's Academy for a better world, Gan Sqrov98 Mount Abu.	4 days	

<u>National Seminar</u> Enhancement of Sports and Physical Education in India and Role of sports Sciences. (Presented a paper)	Organised by Chandrashekhar Agashe College of Physical Education Pune Sponsored by University of Pune	2 days	Pune 25th -27th March 2006
State Level Seminar ‘Gap’ Challenges faced by Phy. Education Colleges.	Organised by Maharashtra Mandal’s Chandrashekhar Agashe College of Physical Education Pune Sponsored by University of Pune	2 days	22-23 March 2007
One day State level workshop on modern Trends in Research Methodology in Physical Education & Sports Sciences.	S.R.T.M.University Nanded. School of Education Sciences.	1 day	1 st Feb. 2010
National Conference Physical Education And Yoga ‘A’ Biggest Necessity for Public Health (Presented a Paper)	S.R.T.M.University Nanded School of Education Sciences.	2 days	29-31 March 2010
National Conference on Issues & Themes In Physical Education & Sports : Contemporary Situation. Presented a paper	Sponsored by UGC & S.R.T.M. University Nanded. Organized by Department of Sports Mahatma Gandhi Mahavidyalaya, Ahmedpur. Dist. Latur. (MS)	3 days	28to 30 Jan. 2011
International Conference on Physical Education & Sports Science Presented a paper	Organized by Saraswat Vidyalyay’s Sridora Caculo College of Commerce & Management Studies Mapusa. GOA. In association with Napess & Sports Authority of GOA ICPESS 2011 Mapusa GOA. At NIO Dona Paula Panji, Goa.	3 days	25 to 27 th Feb.2011
International Conference Current on Trends in Education, & Physical Education & Sports (Presented a Paper & Published ISSN No. – 0977-0277.)	Organized Shri Shivaji College of Education Amrawati (Faculty of Physical Education) UGC Sponsored.	2 days	12 to 13 th March 2011
International Seminar on Physical Education Recreation and Yogic Sciences (ISPERYS) Presented Poster.	Approved & Recognized by Ministry of Human Resource Development (Department of Higher Education) Ministry of Youth Affairs & Sports Government of India organized by Banaras Hindu University Faculty of Arts Department of Phy. Edun.	3 days	19-21th January 2012.
National Seminar On Research for Development Presented & Publish Paper	Organization by School of Edun. Sciences S.R.T.M.University, Nanded. (M.S)	1 day	30 th March 2013

I. COACH & TEAM-MANAGER

1. worked as a Kabaddi Coach in S.R.T.M.University 1996, at Inter University Tournament held at **Trinalveli.**
2. Worked as a Kabaddi Coach in S.R.T.M.University 1999, at Inter University Tournament.
3. Worked as a Volley Ball Team Manager Inter University Tournament held at **Tirupati.**
4. Worked as a Team Manager Cum Coach Maharashtra State National Schools Games Championship
Autumn MEET - II. 1983 (**CALCUTTA**)
5. Worked as a Team Manager Maharashtra State Womens Sports Group No. 2 State Level 12 Dec. 1991 held at **Akola.**

J. SPORTS ACHIEVEMENTS : INTER UNIVERSITY TOURNAMENTS

- A) **KABADDI : 1.** Inter University Kabaddi (Women) Tournaments during the year 1980-81 held at **Amritsar.**
2. Inter University Kabaddi (Women) Tournaments during the year 1981-82 held at **Calcutta.**
- B) **VOLLEY-BALL -** Inter university Volley Ball (Women) Tournaments year 1982-83 held at **Udaipur.**

K. STATE LEVEL, DIVISIONAL, DISTRICT LEVEL & INTER COLLEGIATE TOURNAMENT

- A) **JUDO: 1.** 5Th Inter District Judo Tournaments during the year 1986, held at Kolhapur
(**Gold Medal**). District Level.
2. XIII Maharashtra Judo Tournament 1985-86 Under the Auspices of
Maharashtra Judo Association Organize & Conducted by Poona Association
at Poona (Participation). State Level.
3. Maharashtra State Womens Tournament 1985 held at Poona
(**Bronze Medal**)

HAND BALL : Mahila Krida Spardha Held at Nanded (1991)
Winner.

HOCKEY : Mahila Krida Spardha Held at Nanded (1991)
Winner, Mahila
Krida Spardha Vibhagiya Star, Held at
Osmanabad 1991-92 Runner- up.

KABADDI : VII Th Maharashtra State Womens Sports
Tournaments 1981-82
held at Satara (Participation). Mahila Krida
Spardha Held at Aurangabad Dec.1981 winner.

Inter Collegiate Kabaddi (W) Tournament held at S.K.S.M. AUSA 1978-79. Runner Up.

Inter Collegiate Kabaddi (W) Tournament held at Manwat. 1981-82. Winner Up.

B) ATHLETICS:

1. Participating in the Inter Zone (Inter Collegiate Tournament in Athletics at Aurangabad.1982)
2. Marathwada University Aurangabad, University Board of Physical Education & Sports Inter Collegiate sport held at University P.G. Gymkhana 1982-83.

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|-----------------------|----------|--------------|
| 1. Shot Put | - | First |
| 2. High Jump | - | First |
| 3. Long Jump | - | Third |
| 4. Disc. Throw | - | Third |

RESEARCH PAPER PUBLISHED.

1. **PAPER TITLE- I** Effectiveness of Dandiya – Raas-Garba, A Gujarati Folk Dance on Physical Fitness of Secondary School. Date. 11-8-2010.
INTER NATIONAL - E-JOURNAL IDOLA INTERNATIONAL
E-JOURNAL ON ADAPTED PHYSICAL EDUCATION &
SPORT SCIENCE
2. **PAPER TITLE- II** Comparative Effect of Yoga and Leziium Exercises on selected Physical Fitness Variables of School Girls. Date. 13-08-2010.
INTER NATIONAL - E-JOURNAL IDOLA INTERNATIONAL
E-JOURNAL ON ADAPTED PHYSICAL EDUCATION &
SPORT SCIENCE

3. **PAPER TITLE- III** “Effect of Yoga Exercises on Personality of School Girls.”
Journal Vol. - 2,
0975-5020).
‘Entire Research’ - National quarterly Research
Issue - III Thane July 2010 Page No 76-78 (ISSN

4. **PAPER TITLE- IV** **Presented a Paper & Publish the Souvenir**
“Comparative effect of
Yoga and Lezium Exercise on selected Personality variables of school Girls.
International conference UGC sponsored current Trends in Education, Physical Education & Sports 12th & 13th March 2011 organized by Shri Shivaji College of Education Amrawati (Faculty of Physical Education) CISSN No. 09770277
“Comparative effect of Yoga and Lezium Exercise on selected Personality variables of school Girls.

5. **PAPER TITLE- V** **Comparative effect of Yoga and Lezium Exercises on Selected**
Physiological Variables of School girls.
PATRAON An International Multilingual monthly referred Research Journal Volume I, issue XII, March 2011, Nanded. (ISSN 0976-2310)

6. **PAPER TITLE** **The effect of Circuit Training Programme on selected physiological**
Variables of school Girls.
PATRON. An International multilingual monthly referred Research Journal Volume III issue : 4th July 2012 Nanded. (ISSN. 0976-2310)
Dr. Kodgire, Pachange Sunil & Prof. Mane Dilip.

7. **PAPER TITLE** **Effect of Yoga Exercises on selected Physiological**
variabed of school
girls.
PATRON. An International Multilingual Monthly Referred Research Journal Volume III issue 7th October 2012, Nanded.
(Dr. Kodgire & Dr. Waghchure Nanded.)

8. **PAPER TITLE** **Effect of Lezium Exercises on selected Physical**
fitness components of
school girls.
Dr. Usha Kodgire & Dr. Madhuri Waghchure.
An International peer Reviewed Scholarly Research Journal for Interdisciplinary studies (ISSN 2278-8808) (Page No. 403 to 407) October –November 2012 vol. – 1, Issue – III.

9. **PAPER TITLE** “Effect of Yoga Exercises on selected physiological variables of school girls.

M. PRESENTED A PAPER IN CONFERENCE / SEMINARS

1. **National Conference** -National Conference Physical Education and Yoga A Biggest Necessity for Public Health (29-31 March 2010) SRTMU, Nanded.

1. **Physical Education And Health.**
2. **Effective -ness of Dandiya-Rass-Garbha, A Gujarathi Folk Dance on Physical Fitness of Secondary school students.**

2. **National Seminars** -Enhancement of sports and Physical Education in India and Role of sports Sciences. (25-27 march 2006) CAC of Phy. Edun. Pune.

1. **PRESENTED A PAPER**
NATIONAL CONFERENCE :- On Issues and Themes in Physical Education & Sports : Contemporary situation 28-30 January 2011. Sponsored by UGC & S.R.T.M.University, Nanded. Organized by Department of Sports Mahatma Gandhi Mahavidyalaya, AHMEDPUR, DIST. LATUR (M.S.)
2. **PRESENTED A PAPER**
International Conference on Physical Education and Sports Science 25th – 27th February 2011 at NIO Centre Dona Paula Panaji, Goa.
Organised by : Saraswat Vidyalay's Sridora Caculo College of Commerce & Management Studies, Mapusa – GOA in association with NNPESS & sports Authority of GOA.
“ Comparative Effect of Yoga & Leziium Exercise on selected Physiological variable of school Girls.”
3. **PRESENTED A PAPER**
International conference UGC sponsored current Trends in Education, Physical Education & Sports 12th & 13th March 2011 organized by Shri Shivaji College of Education Amrawati (Faculty of Physical Education) CISSN No. 09770277 “Comparative effect of Yoga and Leziium Exercise on selected Personality variables of school Girls.

5. **PRESENTED POSTER**
International Seminar on Physical Education Recreation and Yogic Sciences
January 19-21,2012 Approved & Recognized by Ministry of Human Resources Development (Department of Higher Education) Ministry of Youth Affairs & Sports Government of India and organized by Banaras Hindu University Faculty of Arts Department of Physical Education. (ISPERYS)

N. RESOURCE PERSON :

Delivered Lecturer as a Resource Person in Workshop of Physical Education
sponsored by

S. R. T. M. U. Nanded and conducted by Shri Shivaji College, Parbhani date. 13th
Dec. 2010.

Dr. Smt. Usha Dnyanoba Kodgire