

CURRICULUM VITAE

Ravi Prakash Singh

Address:

Vill & Post: Janapur

District: faizabad

UP-224171 India

Mo: 8445992229



Professional Objectives:

To Create a positive learning environment and wanted to become performance oriented professional by utilizing and skill optimally.

Educational Qualifications:

- Pursuing **Ph.D.** from Aligarh Muslim University, Aligarh.
- *Qualified UGC-NET examination June 2012, December 2012, December 2013.*
- **M.Phil.** in “Physical Education and Sports sciences” from ‘Annamalai University’.
- **M.Sc.** in “**Sports Sciences**” specialization in **Exercise Physiology** from ‘Punjabi University Patiala’ in 2006 with 1st division.
- Bachelor of Physical Education from Allahabad University in 2004 with 1st division.
- Intermediate from U P BOARD IN 2000 with 2nd division.
- High School from U P BOARD IN 1998 with 2nd division.

Area of specialization:-

- Area of Specialization in Ph.D., **Exercise Physiology.**
- Area of Specialization in M. Phil., **Exercise Physiology.**
- Area of Specialization in Master of Physical Education, **Hockey.**

- Area of Specialization in Bachelor of Physical Education, **Hockey.**
- Undergoing coaching in Basketball, Volleyball, Hockey, Yoga, Gymnastic, Football, Track and Field, Swimming, Badminton and Cricket.

Research Experiences: -

- Working in a Ph.D Research study entitled “**Time Motion Analysis and Physiological profile of Wheelchair basketball Players during Competition**”
- Worked in M.Phil Research Study entitled “**Relationship of Bio-Chemical Variables with Anaerobic and Aerobic Power of the National Level Athletes.**”

Achievements:

- ❖ Played **hockey** up to University level.
- ❖ Selected as a Sports Science Research Fellow in Sports Authority of India

Paper Publications:

- Published a paper entitled **Nutritional Profile of Indian Throwers** in **Journal by LNIPE**, Volume-9 issue-2, July-Dec, 2009
- Published a paper in **Journal of Sports, Physical Education Allied and Alternative Sciences**, July 2010 entitled Comparison of body composition of National Athletes and Physical Education students, ISSN. 2230-3731.

- Published a paper in Journal **Golden Research Thoughts** Vol-III Issue XII June 2014, ISSN 2231-5063, entitled “Government Health Programme Awareness and Attitude of CBSE Board Students”.
- Two papers have been accepted to publish.

Seminars and work shop:-

- Presented a paper entitled “Comparison of Body Composition of National Athletes and Physical Education Students” in **3rd International Congress** on Sports Medicine, Exercise Science, Physical Education and Yogic Science.
- Presented a paper in **national Conference** on Recent Trends in Physical Education. The title of the Paper was “**An Investigation of Health Awareness Programme on CBSE Board Student**” held at Sitapur Shiksha Sansthan Group of Institutions, Sitapur, Uttar Pradesh.
- Presented a paper entitled “**Dietary assessment of National Athletes and Physical Education Students in Relation to RDA**” organized by ICFTPE, Punjabi University, Patiala, (UGC sponsored) from 24th to 26th January 2013.
- Attended the seven days work shop on “**Writing Research Paper, Proposals, Thesis and Use of SPSS**” Organized by St. Xavier’s College, Jaipur, from 24th to 30th April 2013.
- Attended the seven days Short Term Course on “**Stress Management**” Organized by UGC, ASC, Aligarh Muslim University, Aligarh from 21st to 26th October, 2013.

- Attended the seven days work shop on **“Yoga for Youth”** Organized by Morarji Desai National Institute of Yoga, New Delhi, from 12th to 18th February, 2014.
- Presented a paper entitled **“Media Content Analysis of Gender Deference in Sports”** in **“National Seminar on Role of media in Promoting Right to Education”** from 11th and 12th March. 2014 organized by Khwaja Moinuddin Chisti Urdu, Arabi-Farsi University, Lucknow.
- Attended the Ten days work shop on **“Research Methodology”** organized by ICSSR New Delhi and Economics Department, AMU, Aligarh.

Experience:

- ✓ I have taught in Allahabad University as a guest faculty lecturer from 2008-10.
- ✓ Notes creator under NME-ICT Project by MHRD in Aligarh Muslim University, Aligarh.
- ✓ Dissertation submitted in M.Phil. entitled **“Relationship Of Bio Chemical Variables With Anaerobic And Aerobic Power of the National Level Athletes”**
- ✓ Played Hockey, Football, Cricket, Volleyball, Basketball, Athletics etc. in Graduation.
- ✓ Organize Camp **“Fit and Well”** in Allahabad University.
- ✓ Officiating of Athletics in E.C.C. degree collage Allahabad and M.N.N.I.T. Allahabad.
- ✓ Camp organized **“Fit for Life”** in Punjabi University Patiala.

- ✓ **Teaching** in Vishnu Bhagawan Public School Allahabad from 4th July 2007 to 10th Dec 2012.
- ✓ **Attended fifteen days C.B.S.E. teachers' orientation program at LNUPE Gwalior.**

Personal Details:

Name : Ravi Prakash singh
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Date :

Place : Aligarh

(RAVI PRAKASH SINGH)