

## RESUME



**1. NAME** : **DR. RAJKUMAR SHARMA**  
**2. FATHER'S NAME** : SHRI REOTI SARAN SHARMA  
**3. DATE OF BIRTH** : 01-03-1959  
**4. RESIDENTIAL ADDRESS**  
**5. OFFICE ADDRESS** : In front of ITI Main gate, Near  
Evergreen Nursery, Center Koni, H.No.  
284/1, Bilaspur(CG) M-9229144090  
Sr. Gymnastic Coach, State Gymnastics  
Training Centre, District sports complex ,  
S. P. Office, Bilaspur (CG)

### **6. EDUCATIONAL QUALIFICATIONS:**

<b>S.NO.</b>	<b>COURSE OF STUDY</b>	<b>BOARD/ UNIVERSITY</b>	<b>YEAR</b>	<b>OBTAINED MARKS</b>	<b>%OF MARKS</b>
1.	High School	U.P. Board Allahabad	1974	262/500	52.4 %
2.	Intermediate	~ do ~	1977	291/500	58.2 %
3.	B.Sc. (Bio.)	Meerut University	1980	563/1000	56.3%
4.	M. Sc. (Organic Chemistry)	~ do ~	1983	567/1000	56.7 %

## 7. PROFESSIONAL QUALIFICATIONS

S.No.	COURSE OF STUDY	BOARD/ UNIVERSITY	YEAR	OBTAINED MARKS	% OF MARKS	Remarks
1.	Diploma in Coaching (Gym.)	N.S.N.I.S. Patiala(Pb)	1981-82	652/1000	65.2	Gold Medal In Sport Medicine
2.	B.P.Ed.	G.G.D. University, Bilaspur (C.G.)	1992-93	869/1200	74.4	Gold Medal
3	M.P.Ed.	G.G.D. University, Bilaspur (C.G.)	1995-96	1751/2550	70.4	Gold Medal
4.	D.S.M.	V.I.T. Midanapur (W.B)	1997	727/1200	60.5	First
5.	D.S.Mgt.	V.I.T. Midanapur(W.B)	1998	787/1200	65.5	First
6.	Ph.D.	G.G.D. University, Bilaspur (C.G.)	2001	"Comparative Analysis of Leadership Preferences of Male and Female Indian Gymnasts of Different Levels"		

## 8. PROFESSIONAL COURSES ATTENDED :

S. No	Name of Course	Institute/University	Period
1.	Advance Certificate course in sports Biomechanics	NIS Patiala. (Punjab)	9.2.87 to 20.3.87
2.	Training in Medicine in Sports science and Physical education	B.H.U. Varanasi. (U.P.)	22.6.98 to 26.6.98
3.	Orientation Training for National Service Volunteer	IDARA Narendrapur (W.B.).	1.9.83 to 29.9.83
4.	International Judging course in Gymnastics	NIS Patiala. (Punjab)	1982

**9. Research Papers published in Impact Factor/Peer Reviewed /Reputed /Referred National and International Journals**

S.NO.	Title with Page NO.	Journal	ISSN/ISBN NO.
1.	“A comparative study of stress in Male and female volley ball players” Vol. 21, No 4, Oct. 1998, p.23-26	S.A.I. Scientific Journal, Patiala (Pb.), <b>India.</b>	0970-7557
2.	Impact of physical Education program on academic achievement development of personality” Vol. 29, No 3, July- 2007, p.16-26.	Journal of Sports and Sport Sciences, Patiala (Pb.), <b>India.</b>	0970-7557
3.	“Analysis of Leadership Behaviour Preferred by Individual Sports Athletes at Inter-university” <sub>2</sub> Vol. 3 No. 1-4, March - December 2009, P.99-104.	<b>International Referred Journal</b> Serbian Journal of Sports Sciences, Belgrade-Serbia <b>(Europe):</b>	1820-6301 <b>Impact Factor</b> 0.839
4	“Relationship Between Anxiety and Sports Performance”, Vol. 1, No. 2, July, 2010, P. 122-119.	Journal of Physical Education and Yoga, Noida (U.P.), <b>India.</b>	0975-9301
5	Talent Identification in Elite Gymnasts Vol.. V, Issue VI, July-August, 2010, P. 143-147.	Research Hunt : An International Multi-Disciplinary and Multi Languag Journal, Bhopal (M.P.), <b>India</b>	0973-5569
6	“A Study of Sports Stress of Male Handball Players”- Vol. 17 No.1, April-September 2007, P.13-18	HPE Forum : A Bi-Annual Professional Journal, Pokhara <b>(Nepal)</b>	
7.	“Leadership Behaviour of Elite Male and Female Gymnasts of India“ Vol. 5, November, 2010.	<b>International Journal</b> of Physical Education & Sports Science, University of Sindh , Jamshoro , <b>(Pakistan).</b>	1991-8410
S.NO.	Title with Page NO.	Journal	ISSN/ISBN NO.
8	“Some Mathematical Principles in Effectiveness in the Field of Sports and Games” Vol. 5, Issue 7, September, 2010 PP. 78-87.	Research Hunt : An International Multi-Disciplinary and Multi Languag Journal, Bhopal (M.P.), <b>India</b>	0973-5569
9	“General and Specific Injuries in Basketball” Vol. 5, Issue 7, September, 2010 PP. 73-77	Research Hunt : An International Multi-Disciplinary and Multi Languag Journal, Bhopal (M.P.), <b>India</b>	0973-5569

10.	“Effect of 6 Week Aerobic Dance Programme on Selected Physical Fitness Components of Male School Going Children ” , Vol. 1, No. 1, Nov.-Jan, 2010,	Indian Journal of Physical Education, Sports and Applied Science, Bilaspur (CG.), <b>India.</b>	2229-550X
11	“A Comparative Study of Happiness among Male and Female University Athletes” Vol.. 4, Issue 3, November, 2010.	Indian Journal of Yoga, Exercise and Sports Science, and Physical Education, Shantiniketan (W.B.), <b>India.</b>	0975-265X Reg. No. WBBIL/2007/22677
12	“Investigation of Educational Stress among University Level Volleyball Players During Competition ”-Vol. 1 No.2, April-September 2010	The Eternity :Multilateral Research Journal Amity University, New Delhi, <b>India</b>	Journal is not Received
13	“Relationship between Competitive Anxiety and Performance of Male Basketball Players” Vol. 2, NO. 2, July-Dec., 2010 pp. 53-59.	Wellness :Bi-annual Journal of Health, Physical Education and Sports,, Jodhpur (Rajasthan) , <b>India</b>	0975-136X
14	“Investigation of Emotional Intelligence of Student-Athlete in Relation to Birth Order and Gender”, Vol. 2, Number 2 , Nov-December, 2010, PP. 75-84	AMASS, Varanasi (U.P.) <b>India.</b>	0975-3966
15	“Relationship between Competitive Performance and Selected Physiological Parameters of Elite Male and Female Gymnasts” Vol. 6, No. 1, 2010, pp.43-49.	Journal of Exercise Sciences and Physiotherapy, Patiala (PB.) . <b>India</b>	0973-2020
<b>S.NO.</b>	<b>Title with Page NO.</b>	<b>Journal</b>	<b>ISSN/ISBN NO.</b>
16	“ Comparative Study of Personality Differences between Male and Female Softball Players” Vol. 2, NO. 1, Jan., 2011. pp.175-185	Journal of Physical Education and Yoga, Noida (U.P.) <b>India</b>	0975-9301
17	“Analysis of Stress and Anxiety of Inter-university Level Gymnasts” Vol. 2, No. 1, Aug-2010- Jan. 2011, pp. 47-55	Journal of Physical Education, Recreation and Sports in Sciences and Technology-Biannual B. H. U., Varanasi. <b>India</b>	0975-7414

18	“A comparative study of personality of Athletes belonging to various sports and games “Vol. 4, No 1, Jan- June, 1999, p.1-5.	Indian Journal of Sports Studies B. H. U., Varanasi (U.P.) <b>India</b>	RNI-N0. 11222/Eng./2001
19	“Psychological Characteristics of Male University Athletes” Vol. 11, Issue 1, March 2011.	“ <b>International Journal</b> of Physical Education, and Sports” University of Pitesti, <b>Romania</b>	1582-8131
20	“A Comparison of Psychological Competencies of Male Athletes of Different Team Games “ Vol. 11, No 1, Jan -June, .2010, p.41- 56.	Indian Journal of Sports Studies B. H. U., Varanasi (U.P.) <b>India</b>	RNI-N0. 11222/Eng./2001
21	“Study of Socio-economic Status and Participation Motives in Sports of Inter-university Level Players” Vol. 3, No.1, May-June-2011. pp.11-21.	AMASS, Multilateral Research Journal, Bi-lingual, Biannual Varanasi (U.P.) <b>India.</b>	0975-3966
22	“A Study of Doctoral Dissertations in Physical Education and Sports Sciences in India” Vol. 1, N0. 2. Aprill, 2011 pp. 6-15.	Indian Journal of Physical Education, Sports and Applied Science, Bilaspur (CG.), <b>India.</b>	2229-550X
23.	“A Comparison of Team Spirit between National level Male and Female Volleyball Players” Volume1, n0. 3, July, 2011 pp. 5-10	Indian Journal of Physical Education, Sports and Applied Science, Bilaspur (CG.), <b>India.</b>	2229-550X
24.	“Drugs and Athlete performance” Volume1, n0. 3, July, 2011 pp. 16-21	Indian Journal of Physical Education, Sports and Applied Science, Bilaspur (CG.), <b>India.</b>	2229-550X
<b>S. N0.</b>	<b>Title with page</b>	<b>Journal</b>	<b>ISSN/ISBN N0.</b>
25	“ A Study of Investigation of Anxiety Levels of Volleyball Players Prior and During Competition” Volume1 , No. 2, January-June, 2011,” pp6-11.	“Indian Journal of Physical Education and Yogic Sciences” Rampur (U.P) <b>India</b>	2228-3191 RNI N0. UPENG/2010/35954
26.	Common Injuries in Cricket and Their Prevention Vol.6, issue 4, December, 2011	Research Hunt: An International Multi Disciplinary and Multi Languag E-Journal, Bhopal <b>India</b>	0973-5569 RNI.MPBI L/2006/223 85

27	A study of attitude of the school principals towards physical education programme Vol.1,no.4, October, 2012 PP. 23-34	Indian Journal of Physical Education, Sports and Applied Science, Bilaspur (CG.), <b>India.</b>	2229-550X
28	Assessment of Sports orientation of Inter-university level male and female Kho-Kho Players of belong to different universities of East Zone Region Vol.1,no.4, October, 2012 pp.8-15	Indian Journal of Physical Education, Sports and Applied Science, Bilaspur (CG.), <b>India.</b>	2229-550X
29	Comparative Study of Sport Facilities and Physical Education Programme in Central Schools and state Schools of Bilaspur region	<b>International journal</b> of physical education, sports management and yogic Sciences Noida <b>India</b>	
30	A Comparison of Competitive State Anxiety Between Male and Female Volleyball Players	<b>International journal</b> of physical education and sports Indore, <b>India</b>	
31	A Study of Body Mass Index in Relation to Motor Fitness Components of School going Children involved in Physical activity	<b>International journal</b> of physical education and sports Indore, <b>India</b>	
32	A Comparison of Pre-Competition Anxiety Of Male and Female Badminton Players Vol. 2, Issue 17, Feb. 2011, PP. 10-11	Research Analysis and Evaluation: An <b>International Level Referred</b> Registered Research Journal, Jaipur, <b>India</b>	0975-3486
<b>S.NO.</b>	<b>Title with Page NO.</b>	<b>Journal</b>	<b>ISSN/ISBN NO.</b>
33	Influence of Motivational Factors on Sport Performance of Young Adolescents Vol. 1, Issue 15, December, 2010 PP. 39-40	Research Analysis and Evaluation: An <b>International Level Referred</b> Registered Research Journal, Jaipur, <b>India</b>	0975-3486

34	Stress and Anxiety in Sports Vol. 2, Issue 18, March. 2011, PP. 32-34.	Research Analysis and Evaluation: An <b>International Level Referred</b> Registered Research Journal, Jaipur, <b>India</b>	0975-3486
35	“Training for Explosive Power: A Recent Concept”., Vol. II, Issue 19, August, 2010, P. 23-24.	Sodh, Samiksha and Mulyakan <b>:International Referred</b> Research Journal , Jaipur (Raj.), <b>India</b>	0974-2832
36	“Low Back Pain and Role of Pilates in Artistic Gymnastics” Vol. II, Issue- 21. October, 2010, P. 36-37.	Sodh, Samiksha and Mulyakan <b>:International Referred</b> Research Journal , Jaipur (Raj.), <b>India.</b>	0974-2832
37	“Psychology of Professional Hockey Players” Vol. II, Issue 23, December 2010 PP.44-46	Sodh, Samiksha and Mulyakan <b>:International Referred</b> Research Journal , Jaipur (Raj.), <b>India.</b>	0974-2832
38	“Biomechanics of Equilibrium in Gymnastics” Vol. II, Issue 25, Feb. 2011, p. 25-27.	Sodh, Samiksha and Mulyakan <b>:International Referred</b> Research Journal , Jaipur (Raj.), <b>India.</b>	0974-2832
39	Contribution of Yogic Exercises in the field of Sports Vol. II, Issue 26, March. 2011, p. 31-32.	Sodh, Samiksha and Mulyakan <b>:International Referred</b> Research Journal , Jaipur (Raj.), <b>India.</b>	0974-2832
40	“Correlation between Anxiety and Situational factor of Badminton Players ”Vol. 4, No.1, May-June-2012, pp.81-88	AMASS, Varanasi (U.P.) <b>India.</b>	0975-3966
<b>S.NO.</b>	<b>Title with Page NO.</b>	<b>Journal</b>	<b>ISSN/ISBN NO.</b>
41.	“Investigation of Self-Efficacy by Stages of Change Physical Activity of University Male Student” Vol. 2, No. 2, April, 2012	Indian Journal of Physical Education, Sports and Applied Science, <b>India.</b>	2229-550X

42	“Physical Self Concept of Sportspersons and Non-sportspersons” Vol. 2, No. 2, April, 2012	Indian Journal of Physical Education, Sports and Applied Science, <b>India.</b>	2229-550X
43	“ Effect of Six Week Training Programme on Physical Fitness of Fifteen Years Old Basketball Players” Vol. 2, No. 3, July, 2012	Indian Journal of Physical Education, Sports and Applied Science, <b>India.</b>	2229-550X
44	“A Comparison of Physical Fitness and Academic Performance of Male and Female Children of English Medium School” Vol. 2, No. 3, July, 2012	Indian Journal of Physical Education, Sports and Applied Science, <b>India.</b>	2229-550X
45	“ Coach Leadership about preference and perception of Elite Gymnasts in Schools of India” Vol. 2, No. 3, October, 2012	Indian Journal of Physical Education, Sports and Applied Science, <b>India.</b>	2229-550X
46	“Investigation of Physiological and physical Fitness of Sportspersons and non-sportspersons” Vol. 2, No. 3, October, 2012	Indian Journal of Physical Education, Sports and Applied Science, <b>India.</b>	2229-550X
47	“ Effect of Sand Training on jumping Abilities of Junior Volleyball Players” Vol.4, No.4, 2013, pp.101-106	Journal of Education and Practice, By International Institute of Science, Technology and Education Beijing <b>(China)</b>	2222-1735 (Paper), 2222-288X (Online) IF=7.5



## **10. Papers presented in conferences, seminars, workshops, symposia**

<b>S. No.</b>	<b>Title of paper presented</b>	<b>Title of conference/ seminar etc.</b>	<b>Date of event</b>	<b>Organized by</b>	<b>Whether International/National/ State/ Regional /University or College level</b>
1.	“Some Mathematical Principle in Effectiveness in the Field of Sports and Games”	Ind conference of the International Academy of Physical	13.12.1997 to 14.12. 1997	Guru Ghasidas University, Bilaspur (M.P.)	National Level
2.	Effect of Institutional Stress on Performance of Volleyball Players During competition	National Conference on Physical Education and	29- 30 April,1998	B. H. U. Varanasi	National Level
3.	“A Comparative Study of Personality of Athletes belonging to Various Sports and Games”	National Seminar on “Recent Trend in Sports	27 June, 1998	B. H. U. Varanasi	National Level
4.	“A Comparative Study of Personality Profile of Sportsman and Non-Sportsman”	National Seminar on “Recent Trend in Sports Medicine”	27 June, 1998	B. H. U. Varanasi	National Level
5.	“Analysis of Stress and Anxiety of Inter-university Gymnasts”	National Seminar on Technology, Medicine in Sports Science and Physical Education	25-26 June, 1999	B. H. U. varanasi	National Level
6.	“ Impact of Physical Education Programme on Academic Achievement ad Personality Development “	WORLD CONGRESS on Alternative Medicine, Sports Science, Yoga and Naturopathy	23-24 July, 2000	B. H. U. varanasi	International Level
7.	“ Comparative Analysis of Preferred and Perceived Leadership Behaviour of International Male and Female Gymnasts of India”	U.G.C. International Conference on Physical Education, Sports Sciences and Medicine	2-3 November, 2001	C. H. C. Athletic Association, B. H. U. Varanasi (U.P.)	International Level

<b>S. No.</b>	<b>Title of paper presented</b>	<b>Title of conference/ seminar etc.</b>	<b>Date of event</b>	<b>Organized by</b>	<b>Whether International/National/ State/ Regional /University or College level</b>
8.	“A Comparison of Intrinsic Motivation Between Male and Female School Going Children involved in Physical Activity”	National Seminar on New Perspectives of Teaching and Learning	27-28 January, 2009	Mansa College of Physical Education, Bhillai	National
9.	“Sports Medicine”	National Seminar on Sports Medicine	19 <sup>th</sup> September, 2010	I. P. College of Physical Education, Bhopal	National
10.	“Physics in Basketball”	UGC Sponsored National Seminar “Challenges of Physical Education and Sports”	21 & 22 January, 2011	Deptt. Of Physical Education, Govt. Nagarjun P/G College, Raipur (CG)	National
11.	“Role of Sports in Society”	UGC Sponsored National Seminar “Challenges of Physical Education and Sports”	21 & 22 January, 2011	Deptt. Of Physical Education, Govt. Nagarjun P/G College, Raipur (CG)	National
12.	“Current Issue in Sports Medicine: Performance Enhancing Drugs”	International Symposium on Global Trends of Physical Education and Sports in 21 <sup>st</sup> Century	2 <sup>nd</sup> – 3 <sup>rd</sup> April, 2011	Noida College of Physical Education, Noida (U.P.)	International
13.	Improving Athletic Performance: The Marriage of Sports Science & Coaching	UGC Sponsored National Seminar on Training Method for Peak Performance in Sports	4/2/2012 to 5/2/2012	CMD College Bilaspur (CG)	National
14.	Influence of Feedback on Performance of Serving Skill in Volleyball	UGC sponsored National seminar on Application of Modern information	24-25 February, 2012	Pt. S. S. Govt. P/G College, Shadol (M.P.)	National

<b>S. No.</b>	<b>Title of paper presented</b>	<b>Title of conference/ seminar etc.</b>	<b>Date of event</b>	<b>Organized by</b>	<b>Whether International/National/ State/ Regional /University or College level</b>
15	Yoga and Personality Development	UGC Sponsored National Seminar on Role of Physical Education in Society	14/2/2012 to 15/2/2012	Seth RCS Arts and Commerce. College Durg (CG)	National
16.	“Effect of Sand Running on Jumping Abilities of Junior Volleyball Players”	Ist National Seminar on Physical Education and Yogic Sciences (PEYS-2012) Sponsored by UGC	2-4 March, 2012	Department. of Physical Education, Sardar Vallabhbhai National Institute of Technology, Surat (Gujarat)	National
17.	Team Spirit Between Volleyball National Level Male and Female Players : A Comparative Study	UGC Sponsored National Conference on Olympic Games as Prevention of Terrorism	October 14-15, 2011	Department of Physical Education and Sports, Dhanwate National College, Nagpur (M.S.)	National
18.	“A Study of Female Specific Problems in National Level Gymnasts”	UGC Sponsored National Conference on Opportunities and Challenges in Physical Education, Sport Sciences, Medicine, Naturopathy, Yoga and Sports Law	26-27 July,2012	CHC Athletic Association, Faculty of Arts, BHU, Varansi	National
19.	“ A Comparative Study of Leadership Behaviour As Preferred and Perceived by Elite Male and female Gymnasts”	UGC Sponsored National Conference on Opportunities and Challenges in Physical Education, Sport Sciences, Medicine, Naturopathy, Yoga and Sports Law	26-27 July,2012	CHC Athletic Association, Faculty of Arts, BHU, Varansi	National

<b>S. No.</b>	<b>Title of paper presented</b>	<b>Title of conference/ seminar etc.</b>	<b>Date of event</b>	<b>Organized by</b>	<b>Whether International/National/ State/ Regional /University or College level</b>
20.	“ A Comparative Study of Leadership Behaviour As Preferred Elite Male and female Gymnasts”	UGC Sponsored National Seminar on Physical Education: Women & Sports	24-25 Jan. 2013	Physical education department: Govt. Dr. W.W. Patankar Girl's P.G.College, Durg (CG)	National
21	Assessment of Achievement Motivation and Competition Anxiety of Inter-university level Female Kho-Kho Players	UGC Sponsored International Seminar on Physical Education: Women & Sports	CHC Athletic Association, Faculty of Arts, BHU, Varansi	16-17 Feb. 2013	International
21	Physical self-Concept of Sportsperson and Sportsperson	UGC Sponsored national Seminar on Yoga, Physical Education, Sports Medicine, Ayurveda, Sports Law and Naturopathy	CHC Athletic Association, Faculty of Arts, BHU, Varansi	27-28 July., 2013	National

S. No.	Title of paper presented	Title of conference/ seminar etc.	Date of event	Organized by	Whether International/National/ State/ Regional /University or College level
22.	“Assessment the Nutrition Practices of University Male Sportsmen”	UGC Sponsored National Seminar on Impact of Exercise Physiology, Anthropometry and Nutrition on Sports Performance January, 3 & 4 2014	R. D. University, Jabalpur (M.P.)	January, 3 & 4 2014	National
23.	“A Comparison of Physical Fitness Between Individual and Team Games Female Players”	UGC Sponsored National Seminar on Impact of Exercise Physiology, Anthropometry and Nutrition on Sports Performance January, 3 & 4 2014	R. D. University, Jabalpur (M.P.)	January, 3 & 4 2014	National
24.	“ Physical Acxivities in Social Relationship”	UGC Sponsored Rashtriya Sodh Seminar	Govt. Hamidia Arts and Commerce College, Bhopal	6-7 February, 2014	National

## 11. Invited Lectures and Chairmanships at National or International Conference/Seminars

S. No.	Title of paper presented	Title of conference/seminar etc.	Date of event	Organized by	Level of Seminars
1.	Comparative Analysis of Preferred and Perceived Leadership Behaviour of International Male and Female Gymnasts of India, - <b>Panel Expert</b>	U.G.C. International Conference on Physical Education, Sports Sciences and Medicine	2-3 November, 2001	C. H. C. Athletic Association, B. H. U. Varanasi (U.P.)	International Level
2.	Sports Medicine- Co- <b>Chairperson</b>	National Seminar on Sports Medicine	19 <sup>th</sup> September,	Indira Priyadarshani College of Physical Education, Jabalpur	National Level
3.	<b>Chairperson</b>	Recent Trends of Physical Education, Health Educational and Sports	5-7 Feb., 2010	Noida College of Physical Education, Noida	National level
4.	<b>Chairperson</b>	UGC Sponsored National Seminar on Impact of Exercise Physiology,	3-4 January, 2014	R. D. University, Jabalpur (M.P.)	

## 12 Paper published in Proceeding of National/International Seminars

S.N0.	Title with page	Name of Seminar	Place/Department
1	“Effect of Sand Running on Jumping Abilities of Junior Volleyball Players” pp. 37-42	Ist National Seminar on Physical Education and Yogic Sciences (PEYS-2012) 2-4 March, 2012 Sponsored by UGC	Department. of Physical Education, Sardar Vallabhbai National Institute of Technology, Surat
2	Team Spirit Between Volleyball National Level Male and Female Players : A Comparative Study ,ISBN-13, 978-81-921416-6-4, PP. 75-77	UGC Sponsored National Conference on Olympic Games as Prevention of Terrorism October 14-15, 2011	Department of Physical Education and Sports, Dhanwate National College, Nagpur (M.S.)
3.	Assessment the Nutrition Practices of University Male Sportsmen	UGC Sponsored National Seminar on Impact of Exercise Physiology, Anthropometry and Nutrition on Sports	R. D. University, Jabalpur (M.P.)

**13. Attended conferences/ seminars/ workshops/ symposia and other Technical Courses in sports**

S.No.	Name of Seminar	Institute/University	Period
1.	<b>International</b> Judging Course Gymnastics	Patiala	29.03.1982 to 22.04.1982
2	<b>International</b> Technical Official clinic	New Delhi	13.10.82 to 22.10.82
3	<b>National</b> clinic of Technical official	New Delhi	10. 11.82 to 24.11.82
4	<b>National</b> Seminar on Sociology of Sports	N.A.S. College, Meerut (U.P.)	28/3/87 to 29.3.87.
5	<b>National</b> Seminar on Physical Education & Adult education	G.G.D.University, Bilaspur	29.3.92 to 31.3.92.
6	<b>All India</b> Conference on Physical Education	Kottayam. ( Kerala)	2nd March 94.
7	<b>International</b> conference of Physical Science	G.G.D.University, Bilaspur	13.12.1997 to 14.12. 1997
8	<b>National</b> conference of Physical Education & Sports Science	B.H.U. Varanasi. (U.P.)	29.04.98 to 30.4.98
9	<b>National</b> Seminar on Recent trend in sports Medicine	B.H.U. Varanasi. (U.P.)	27.6.98
10	<b>National</b> seminar on technology , Medicine in sports science in Physical education	B.H.U. Varanasi. (U.P.)	25.6.99 to 26.6.99
11	<b>State Level</b> work on sports journalism	C. M. D. College, Bilaspur	03.01.2000 to 06.01.2000
12	<b>World congress</b> in Alternative medicine , sports science, Yoga ,and naturopathy	B.H.U. Varanasi. (U.P.)	23.7.2000 to 24.7.2000
13	U.G.C <b>International</b> conference in physical education, sports science and Medicine	B.H.U. Varanasi. (U.P.)	2.11.2001 to 3.11,2001
14.	APTI-13 <sup>th</sup> Annual <b>National</b> Convention : Need of Quality Education for Changing Pharma-World	Guru Ghasidas University, Bilaspur (CG)	3/10/2008 to 4/10/2008
15.	<b>National</b> seminar on New Perspectives of Teaching and Learning	Mansa Collge of Physical Education and Education, Bhillai (CG)	28/01/2009 to 28/01/2009
16.	<b>National</b> Seminar on Fitness and Stress Management	I. P. College of Physical Education, Bhopal (M.P.)	06/09/2009

S.No.	Name of Seminar	Institute/University	Period
18	“Sports Medicine”	National Seminar on Sports Medicine	19 <sup>th</sup> September, 2010
19.	UGC Sponsored <b>National</b> Seminar “Challenges of Physical Education and Sports”	Deptt. Of Physical Education, Govt. Nagarjun P/G College, Raipur (CG)	21 & 22 January, 2011
20.	<b>International</b> Symposium on Global Trends of Physical Education and Sports in 21 <sup>st</sup> Century	Noida College of Physical Education, Noida (U.P.)	2 <sup>nd</sup> – 3 <sup>rd</sup> April, 2011
21.	<b>National Seminar</b> “Recent Trends of Physical Education, Health Educational and Sports Technology”	Noida College of Physical Education, Noida (U.P.)	5-7 Feb., 2010
22.	<b>International</b> Conference on “Current Trends in Education, Physical Education and Sports”	Shivaji College of Education-Faculty of Physical Education, Amravati (M.S.)	12 <sup>th</sup> & 13 <sup>th</sup> March, 2011
23	<b>National</b> Workshop on Test Construction	Mansa College of Education, Bhilai (CG)	10 <sup>th</sup> - 13 <sup>th</sup> September, 2011
24.	UGC Sponsored National Conference on Olympic Games as Prevention of Terrorism	Department of Physical Education and Sports, Dhanwate National College, Nagpur (M.S.)	October 14-15, 2011
25.	Ist National Seminar on Physical Education and Yogic Sciences (PEYS-2012) Sponsored by UGC	Department. of Physical Education, Sardar Vallabhbhai National Institute of Technology, Surat (Gujarat)	2-4 March, 2012
26.	UGC Sponsored National Conference on Opportunities and Challenges in Physical Education, Sport Sciences, Medicine, Naturopathy, Yoga and Sports Law	CHC Athletic Association, Faculty of Arts, BHU, Varansi	26-27 July, 2012
27.	UGC Sponsored National Seminar on Physical Education: Women & Sports	Physical education department: Govt. Dr. W.W. Patankar Girl’s P.G.College, Durg (CG)	24-25 Jan. 2013
28	UGC Sponsored International Seminar on Physical Education: Women & Sports	CHC Athletic Association, Faculty of Arts, BHU, Varansi	16-17 Feb. 2013



S.No.	Name of Seminar	Institute/University	Period
29	UGC Sponsored national Seminar on Yoga, Physical Education, Sports Medicine, Ayurveda, Sports Law and Naturopathy	CHC Athletic Association, Faculty of Arts, BHU, Varansi	27-28 July,. 2013
30.	National seminar on Educational and sports Psychology	Netaji Subash College, Raipur (CG)	22-23 December, 2013
31.	UGC Sponsored National Seminar on Impact of Exercise Physiology, Anthropometry and Nutrition on Sports Performance	R. D. University, Jabalpur (M.P.)	January, 3 & 4 2014
32.	UGC Sponsored National Research Seminar	Govt. Hamidia Arts and commerce College, Bhopal (M.P.)	February, 6-7, 2014

#### **14. Books published as single and Main Author**

S. No.	Title with page no.	Type of book and authorship	Publisher & ISSN/ISBN NO	Whether peer reviewed	No. of Co-authors and date of publication
1.	Exercise Physiology and Sports Medicine (A Scientific Approach to Physical Education and Sports)	Syllabus related book for P. G. Student in Physical Education and Sports in Hindi <b>Copyright R. K. Sharma</b>	Krida Sahitya Prakashan, New Delhi & ISBN 81-901021-1-7 (PB)	Yes, Awarded First Prize By Sports Authority of India, New Delhi.	Nil, First Edition-September, 1999
2.	Scientific Principles of Sports Training	Syllabus related book for P. G. Student in Physical Education and Sports in Hindi <b>Copyright R. K. Sharma</b>	Krida Sahitya Prakashan, New Delhi & ISBN 81-901021-2-5 (HB)	Yes, Awarded First Prize By Sports Authority of India, New Delhi.	Nil, First Edition-September, 2001
3.	Sport Biomechanics and its Application in Sports	Syllabus related book for P. G. Student in Physical Education and Sports in Hindi <b>Copyright R. K. Sharma</b>	Friends Publication New Delhi	Under Publication	First Edition 2014

**15 Any other credential, significant contributions, awards received etc. not mentioned earlier.**

S. No.	Details
1	<b>Editor in Chief</b> , Indian Journal of Physical Education, Sports and Applied Science- ISSN 2229-550X Quarterly Publication, Bilaspur (Chhattisgarh)
2.	<b>Vice President</b> , Mallakhamb Federation of India, Mumbai

**16. Master's and MPhil Theses Completed under my Supervision:**

No	Name	Subject/Topic	Year	Institution	degree of
1.	Mr. Prabudh Sharma	Critical analysis of utility of physical education teachers in tribal and non-tribal schools of Bilaspur	1997	Guru Ghasidas University, Bilaspur (C.G.)	M. P. Ed.
2.	Mr. Akhilesh Bajpai	Comparative study of personality among Sportsmen/women of various sports and games	1997	Guru Ghasidas University, Bilaspur (C.G.)	M. P. Ed.
3.	Ku. Sandhya Dwivedi	Analysis of leadership preferences of university level Badminton Players	2002	Guru Ghasidas University, Bilaspur (C.G.)	M. P. Ed.
4.	Mr. Sanjay chauhan	Analysis of leadership preferences of inter-university level male and female Gymnastics	2003	Kurukshetra University, Kurukshetra	M. Phil
5.	Mr. Arjun Sihani	A Comparative Study of Psychological Characteristics of Male University Athletes	May, 2008	Vinayaka Mission University, Salem (T.N.)	M. Phil
6.	Mr. Pramod Kumar Yadav	A Comparison Between the intrinsic motivation Levels of Boys and Girls in Years 7, 8, and 9 in physical education and what Physical education teachers can do to enhance intrinsic motivation to develop lifelong participation.	May, 2009	Vinayaka Mission University, Salem (T.N.)	M. Phil
7.	Millind Bhandev	Comparison of Sport Facilities and Physical Education Programme in Central Schools and State Schools of Bilaspur	March, 2009	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
8.	Mr. Mukesh Goel	A Study of Personality Characteristics of Gymnasts at Different Levels of their Achievements	March, 2009	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
9.	Mr. Sobhnath yadav	An Investigation of Pre-Competition Anxiety in Relation to Performance of Male Basketball Players	March, 2009	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil

No	Name	Subject/Topic	Year	Institution	degree of
10.	Mr. Yuvraj Shrivastava	A Comparison of Coach Leadership About Preferences from Inter-university Level Male and Female Judo Athletes By	June, 2009	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
11.	Neeraj Patwal	Relationship Between Academic Achievement and Physical Fitness among Male School going children. "	July,09	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
12.	Bal Gaurav Singh	Study of Emotional Intelligence and Friendship Sports Studies Students	July,09	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
13.	Satish Goel	A Comparative Study of Personality traits and Motor Fitness of Cricketers of Chhattisgarh State	July,09	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
14.	Jai Sanker Yadav	Comparative analysis of leadership preferences of inter-university level male and female athletes of Cross Country, Track and Field and Gymnastics .	July,09	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
15.	Krishan Murari Lal Tiwari	Assessment of Achievement Motivation and Factor Influencing Sports Career of Women Basketball Players	July,09	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
16.	Ajay Kumar Tripathi	The Influence of Feedback on performance of serving and Reception Skills in Volleyball	June, 2010	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
17.	Rajesh Yadav	The Effect of Rhythmic Activity on Selected Physiological and Physical Fitness Profile of School Going Children	June, 2010	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
18.	Sanjay Kumar Debnath	A Comparison of Attitude of Student-Athletes belong to individual and team games towards Coaching	June, 2010	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
19.	Ritesh Singh	A Survey of Female specific Problems in Gymnasts of Chhattisgarh	June, 2010	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
20.	Sandeep Pal	A Comparative Study of Physical Fitness among the Team and Individual Game Players	June, 2010	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
No		Subject/Topic	Year	Institution	degree of

	Name				
21.	Anil Kumar Mishra	DOCTORAL DISSERTATIONS IN PHYSICAL EDUCATION AND SPORTS SCIENCES IN INDIA	Jan. 2011	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
22.	Shivendra pratap Singh	Job Satisfaction Among Physical Education Personnel In selected Colleges and Universities of Varanasi Region	Jan. 2011	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
23	Kamlesh Pratap Singh	EFFECT OF ONE TIME TEAM BUILDING EXERCISE ON TEAM COHESION IN UNIVERSITY MALE CRICKET TEAM	July-2011	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
24.	Naveen Kumar Singh	RELATIONSHIP BETWEEN ANTHROPOMETRIC VARIABLES AND COORDINATIVE VARIABLES OF FOOTBALL PLAYERS	July 2011	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
25.	Abhimanyu Kumar Singh	A COMPARATIVE STUDY OF PERSONALITY TRAITS OF COACHES AND PHYSICAL EDUCATION TEACHERS	July 2011	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
26.	Harikishan Mishara	A COMPARATIVE OF ADJUSTMENT IN RELATION TO ACADEMIC ACHIEVEMENT OF MALE SPORTSPERSONS AND NON-SPORTSPERSONS	July 2011	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
27.	Sahana Khatoon	Cross Sectional Analysis of Emotional Intelligence of Kho-Kho Females From 14-17 Years of Age	July 2011	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
28.	Pispraj Singh Rajput	Relationship Between Physical Fitness and Academic Achievement of School Children	July, 13	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil
29.	Devarshi Kumar Choubey	Physical self –Concept pf Physical education and Non-physical education Students	July, 13	Dr. C.V. Raman University, Kota- Bilaspur (C.G.)	M. Phil

### **17. Ph. D. Thesis Under my Supervision:**

No	Name	Subject/Topic	Date of Registration	Institution/University	Status
1.	Mr.Varun Kumar Pandey	Critical Analysis of Historical Development of Sports in Chhattisgarh (In Hindi)	13/10/08	Pandit Sunderlal Sharma (Open) University, Chhattisgarh, Bilaspur	Submitted December, 2012
2.	Mr. Yuwraj Shrivastava	Comparative Analysis of Psychological Characteristics of Male and Female Judo Players at Different levels of their Participation	06/01/2012	Dr. C. V. Raman University, Kota- Bilaspur (CG)	Registered

No	Name	Subject/Topic	Date of Registration	Institution/University	Status
3.	Mr. Shobhnath Yadav	Impact of Leadership Behaviour and Burn out of Coaches on the Satisfaction and Burn out of Indian Athletes	06/01/2012	Dr. C. V. Raman University, Kota-Bilaspur (CG)	Registered
4.	Mr. Adarsh Misra	Investigation of Test Anxiety, Study Habits, Locus of Control and Intelligence as related to Academic Performance among Sports person in Secondary Schools of Chhattisgarh	06/01/2012	Dr. C. V. Raman University, Kota-Bilaspur (CG)	Registered

**18. Nominated as a Paper Setter/ Theory / Practical Examiner in Physical Education and other examination works**

S.No	University/College	Subject	Year	Class/	Place of Valuation
1	Bihar State Govt.	Theory.		D.P.Ed	B.I.T. Mesra Central Valuation
2	Rajeev Ghandi College of Physical Education	Practical.	1999	B.P.Ed, B.P. M.P.E.d	Bhopal (M.P.)
3	Berkatullah University	Dissertations	2000	M.P.E.d	Bhopal (M.P.)
4	Jawahar Lal Nehru College of Physical Education,	Practical	2001-2002	B. P. E. d	Bhopal (M.P.)
5	Indira Priyadarsani College of Physical Education,	Practical	2002-2003	B. P. E. d	Bhopal (M.P.)
6	Dr. B. R, Ambedkar University, Agra (U.P.)	Theory (Paper Setter)	2002	B. P. E. d	Home
7	Ch. Charan Singh University, Meerut (U.P.)	Theory (Paper Setter)	2003	M.P.E.	Home
8	Bundelkhand University, Jhansi (U.P.)	Theory (Paper Setter)	2004	B. P. E. d	Home
9	Lucknow University, Lucknow (U.P.)	Practical	2004	M. P. E. d	Lucknow (U.P.)
9	Lucknow University, Lucknow (U.P.)	Practical	2004	M. P. E. d	Lucknow (U.P.)
10	Dr. B. R. Ambedkar University, Agra (U.P.)	Theory (Paper Setter)	2005	B. P. E. d	Home
11	A. P. S. University, Rewa (M.P.)	Theory (Paper Setter)	2005	M. P. E. d	Home
12	Aligarh Muslim University, Aligarh (U.P.)	Theory (Paper Setter)	2006	B. P. E.	Home

S.NO	University/College	Subject	Year	Class/	Place of Valuation
13	Aligarh Muslim University, Aligarh (U.P.)	Practical	2006	B. P. E., M. P. E.	Aligarh (U.P.)
14	G.G.D.U Bilaspur (M.P.)	Member	1989 to 1992	Fly-Squad	Bilaspur
15	Berkatullah University Bhopal (M.P.)	External Expert	7/8/2000	B.P.E. Course	Sihora college Bhopal (M.P.)
16	G.G.D.U Bilaspur (M.P.)	Observer to Conduct Exam.	1998-99	B.B.A., & B.C.A. in Distance Education	I.M.C. New Delhi
17	G.G.D.U Bilaspur (M.P.)	Observer to Conduct Exam.	1997-98 (12/8/98)	B.B.A.- I in Distance Education	Vidhya Training Institute,, New Delhi
18	G.G.D.U Bilaspur (M.P.)	Observer to Conduct Exam.	1997-98 (4/12/98)	PG Diploma -IRLW, B.M. in Distance Education	I.M.C. New Delhi
19	G.G.D.U Bilaspur (M.P.)	Fly-Squad.	1999	Distance Education Exam	I.M.C. New Delhi, Vidhya Training Institute, New Delhi, Sachdeva New P.T. College, New Delhi & Meerut

### **19. Nominated as a Examiner for Ph. D Theses of Physical Education**

S.NO	University/College	Subject	Year	Class/	Place of Valuation
1	Ch. Charan Singh University, Meerut (U.P.)	Ph. D Thesis	2010	Ph. D	Home/Office
2.	Dr. Babasahheb. Ambedkar Marathwara University, Aurangabad (Maharashtra)	Ph. D. Thesis	2011	Ph. D	Home/office
3	Ch. Charan Singh University, Meerut (U.P.)	Ph. D Thesis	2012	Ph. D	Home/Office
4..	Pant Suderlal Sharma (Open) University Bilaspur (CG)	Ph. D Thesis	2014	Ph. D	Home/Office

### **20. SPORTS & GAMES PARTICIPATION & ACHIEVEMENTS:**

1. National Level - 3 times.
2. All India Level - 4 times

## **21. TEACHING & COACHING EXPERIENCE:-**

- i. Taught B.P.Ed/ M.P.Ed class from 1986-87 to 2003-2004 in G.G.D. University, Bilaspur.
- ii. Taught M.Lib. I.Sc. . class of G.G.D.U Bilaspur -Research methods and Quantitative techniques for distance education student and regular students,
- iii Coaching of Gymnastics at Meerut sport stadium — 15 month. on Ad-hoc Basis.
- iv Coaching of Gymnastics from Jan. 1984 to continue (26-27 years).
- v. Conducted N.I,S Certificate Course at Bhopal.
- vi Prepare Study Material of Research Methodology for M. Lib. I.Sc. in Distance Education.

## **22 Organization and officiated in International and National Competitions From 1982 to till date:**

International Level – 02

1. National Level – More than 100.
2. State Level – More than 20
3. Latest organized and acted as a director of Competition - XXXVI National Women Festival –Gymnastics,6-9, 2010

## **23. Medals won in different Gymnastics competitions:**

1. In University Competitions-07 Gold, 01 Silver, 06 Bronze.
2. In open State Gymnastics Competitions- 02 Gold, 06 Silver, 06 Bronze.
3. In National Championship- 02 Gold Medals, 04 Bronze medals
4. 02 Silver Medals in XXXVI National Women Festival –Gymnastics, 6-9, 2010.

## **24. Participation and Medals won in different Gymnastics competitions of trained gymnasts by me:**

1. All India Level - 49 Gymnasts.
2. Open National Level - 55 Gymnasts.
3. National School Games – More than 70 Gymnasts.
- 4 University Competitions – 121 Medals.
5. State Schools – More than 600 Medals

## **25. others:**

1. N.C. C. 'B' Holder
2. First Prize in Science Exhibition- on Cheaper Balance Diet Model.
3. Acted as official in more than 140 National, All India and International, Levels competitions

**( Dr. Rajkumar Sharma)**