

# RESUME



**Name:** Dr. Mantu Baro  
**Designation:** Associate Professor of Physical Education & Sports, Dibrugarh University  
**Permanent Address:** Bandhasidhani (Garh), P.O. Baghmara Bazar, Dist. Barpeta, Assam-781328.  
**Postal Address:** Office of the Director of Sports, Dibrugarh University, Dibrugarh, Assam, P.O. Dibrugarh University, 786004  
**Phone:** 09854090259, **Email-** mantumunu15@gmail.com

## Qualifications:

<b>Ph.D.</b>	Physical Education	2012	SGB Amravati University
<b>Diploma in Sports Coaching</b>	Football	2008	NSNIS, Eastern Centre, Kolkata
<b>UGC NET</b>	Physical Education	June 2007	UGC
<b>M.P.Ed.</b>	Master of Physical Education (Two Yrs.)	2007	SGB Amravati University
<b>B.P.Ed.</b>	Bachelor of Physical Education (One Yr.)	2005	SGB Amravati University
<b>B.A.</b>	---	2003	Gauhati University
<b>H.S.S.L.C.</b>		2000	ASHEC
<b>H.S.L.C.</b>		1997	SEBA

**Area of Research:** Physical Education and Sports

**Special Area of Interest:** Sports Training, Sports Coaching, Research on Physical Education and Sports Science & Organizing various programmes (events)

## Research Experience and Publication:

1. **Baro M.**, "A Comparative Effect of Training in Small Playfield and Regular Official Size Playfield in the Performance Soccer Player", Vyayam Vidnyan, Vol. 40 No.: 2, May: 2007 ISSN 0975-8895
2. **Baro M.** Ph. D. Thesis entitled "A Comparative Effect of Training in Small Playfield and Regular Official Size Playfield in the Selected physical fitness and Physiological Parameters and Soccer Skill Performance" SGB Amravati University, 2011
3. **Baro M.**, "Concept of Physical Fitness and its Components", Proceeding of UGC Sponsored National Seminar of Physical Fitness and Holistic Life organized by Phulsing Nayak Mahavidyalya, Pusad, Maharashtra on 22<sup>nd</sup> January 2011.
4. **Baro M.** and M. Chutia et al., "A Comparative Study of Cardiovascular Endurance and Body Composition of Teaching and Non-Teaching Staff of Dibrugarh University" Master Dissertation, CSPES, D.U. 2011
5. **Baro M.** and Hazarika S, Attitude of Principals of Colleges Affiliated to Dibrugarh University Assam toward Physical Education, Master Dissertation, CSPES, D.U. 2013.
6. **Baro M.** and P. Dehingia, P. Saikia et al., "A Comparative Study of Selected Physical Fitness Components of Hilly People and Plain Area People" Master Dissertation, CSPES, D.U. 2013
7. **Baro M.** & Chetia M., "A Comparative Study of Self-Esteem between Sports Achievers and Non-Sports Achievers of Dibrugarh District of Assam", Vyayam Vidnyan, Vol. 46 No.: 3, 2013 ISSN 0975-8895
8. **Baro M.**, "A Comparative Study of Explosive Leg Strength and Co-ordination between Volleyball Spikier and High Jumper", Vyayam Vidnyan, Vol. 47 No.: 1, Sept.:2013 ISSN 0975-8895
9. Punyue T. K., Gogoi D. & **Baro M.**, "Relationship of the Selected Biomechanical and Physical Variables on the Performance of Kicking for Distance in Soccer", National Journal of Physical Education and Sports Science, Vol. 1, No.: 1 March 2014, ISSN: 2348-4713
10. **Baro M.**, "Comparative Study of Emotional Intelligence and Creativity of Tribal and Non-Tribal Soccer Players", Vyayam Vidnyan, Vol. 47 No.: 2, May: 2014 ISSN 0975-8895
11. **Baro M.**, "A Comparative Effect of Soccer Training in Small Playfield and Regular Official Size Playfield in the Selected physical fitness Parameters" International Journal of Physical Education, fitness and Sports, Vol. 3 No.:2, June:2014 ISSN 2277-5447,

12. **Baro M.** & Sonowal A., "Effect of Selected Plyometric Exercises on Explosive Strength, Speed and Agility", International Journal of Science and Research, Vol. 3 Issue 8, August 2014 ISSN: 2319-7064
13. **Baro M.** & Buragohain M., "A comparative Study of personality Traits between Physical Education and General Education Teachers of Assam", Research Journal of Physical Education Sciences, Vol. 2, Issue: 8, August 2014, ISSN: 2320-9011
14. **Baro M.** & Saikia P., "Comparative Study of Physical Fitness between Physical Education Students and Dancers of Performing Arts", International Journal of Scientific Research, Vol.:3 Issue: 9, September 2014, ISSN: 2277-8179
15. **Baro M.** & Konowar M., " A Comparative Study of Leadership Qualities between Post Graduate Physical Education and General Education Students", International Journal of Science and Research, Vol. 3 Issue 9, September 2014 ISSN: 2319-7064
16. **Baro M.**, & Dehingia P., "Comparative Study of Selected Anthropometric Measurements and Physical Fitness between Hills and Plain Area People", Journal of International Academic Research for Multidisciplinary, Vol.: 2, Issue:8, September 2014 ISSN: 2320-5083
17. **Baro M.**, Limbu R. & Gogoi D., "A Comparative Study of Cardiovascular Endurance between Government and Private High School Going Boys of Dibrugarh District of Assam" International Journal of Physical Education Sports and Fitness, ISSN: 2277 - 5447, Vol.3.No.3, September'2014
18. **Baro M.**, "A Comparative Effect of Soccer Training in Small Playfield and Regular Official Size Playfield on the Selected Physiological Parameters", International Journal of Sports Sciences and Fitness, Volume 5(1) 2015, ISSN 2231-1599
19. **Baro M.**, "A Comparative Effect of Soccer Training in Small Playfield and Regular Official Size Playfield on the Selected Soccer Skill Performance", International Journal of Physical and Social Sciences, Volume 5, Issue 3 ISSN: 2249-5894 (March 2015) (<http://www.ijmra.us>)
20. **Baro M.**, "Law of Playing the Game of Football", Krirangan, A Souvenir of Silver Jubilee Celebration of Baghmara Anchalik Krira Santha, October 2010.
21. **Baro M.**, "Parents Role in Youth Sports" Krirabhumi, A Souvenir, Milit Silpi Samaj, Sivsagar, September 2011.
22. **Baro M.**, "Nutrition and Sports Performance", A Souvenir of 5th All Assam Ranking Badminton Tournmament, Sivsagar, Julai 2013.

23. **Baro M.**, "Principles of Playing the Game of Football", Udangshree, A Souvenir of 4th Bodoland Martyrs Football Tournament, Udangshree Sports Club, Barama, February 2013.
24. **Baro M.**, "Career Opportunities in Physical Education" Mugani Sakhi, A Mouthpiece of All Bodo Students Union, February 2014.
25. **Baro M.**, "Basic Techniques of Grassroots Football", Khowang, A Souvenir of 6th Dibrugarh University Inter College Women Football Tournament, Khowang College, September 2014.
26. **Baro M.**, "Physical Education and Society Development", Mugani Sakhi, A Mouthpiece of All bodo Students Union, February 2015.
27. **Baro M.**, "Few Guideline to be a Good Player and Achieve Professionalism in Soccer", A Souvenir of National Women Football Tournament, Dibrugarh District Sports Association 2014.
28. **Baro M.**, "Sports, Physical Education and their Benefits" A Souvenir of Dibrugarh University Inter College Athletic Meet, Amguri College, February 2014.
29. **Baro M.**, Devi N., "A Comparative Study of Soccer performance on Grassy and Non-Grassy Playfield", International Journal of Science and Research (IJSR) 06/2015; 4(6):1758-1759.

### **Sports Achievements:**

1. Represented Bajali District in the All Assam Inter District Kho-Kho Competition in the year 1994.
2. Represented Nalbari District in the All Assam Inter District U-16 and U- 19 Football Tournaments.
3. Represented Barpeta District in the All Assam Inter District U- 19 Football tournament.
4. Represented Barpeta District in the All Assam Inter District uU-19 School Football Tournament.
5. Represented Maharana Athletic Club, Guwahati in the year 2000.
6. Represented Udangshree Sports Club in the All Assam Club Football Championship.
7. Represented Degree College of Physical Education, HVPM, Amaravati in the SGB Amravati University Inter College Football Tournament in the year 2004-05, 2005-06 and 2006-07 and became champion in the year 2005-06 and 2006-07.
8. Represented SGB Amravati University in the West Zone Inter University Football Tournament in the year 2004-05, 2005-06, and 2006-07.

## **Teaching, Coaching working Experience:**

### **Total Working experience: 7 years +**

1. Worked as lecturer at Abhiruchi Institute of Physical Education, Guwahati for one academic year in 2008-09.
2. Worked as Sports Officer (at the level of Assistant Director of Physical Education and sports), Dibrugarh University from November 2011 to August 2013.
3. Working as Assistant Professor in the Centre for Studies in Physical Education and sports, Dibrugarh University August 2009 till date.

### **Outreach activities**

1. Paper Examiner of B.P.Ed. and M.P.Ed. programmes
2. Paper Setter of B.P.Ed. and M.P.Ed. programmes
3. Convener of Volunteer subcommittee of Convocation in the year 2011 and 2013
4. Convener of Independence Day and Republic day observation in the year 2013, 2014 and 2015.
5. Member of Selection committee of Football sub-committee of Dibrugarh District Sports Association.
6. Acted as a chief coach of Dibrugarh District Sports Association under- 13 District football team in the year 2012.
7. Acted as the Manager cum Coach of Dibrugarh University Football men team to participate in the East Zone and All India Inter University Football Tournament in the year 2012-13.
8. CTO of NCC from August 2014 to till date.

### **Membership:**

1. Associate Editor of International Journal of Physical Education sports and Health P-ISSN Number: 2394-1685, E-ISSN Number: 2394-1693
2. Member for the year 2015 of International Journals of Multidisciplinary Research Academy (IJMRA): International Journal of Physical and Social Sciences (IJPSS) ISSN: 2249-5894
3. Life member of North East India Education Society (NEIES), Shillong
4. Member of Board of Studies of Physical Education, North Lakhimpur College
5. Member of various sub committees of the University

6. Member of Board of Studies of Centre for Studies in Physical Education and Sports, D.U.

DECLARATION

I hereby declare that the information's given above are true in my best of knowledge.

(Dr. Mantu Baro)