## CURRICULUM VITAE

### \* <u>PERSONAL PROFILE</u>

*	Name	: Biswajit Garai
*	Date of Birth	: 27.04.1984
*	Marital Status	: Single
*	Cast	: OBC
*	Gender	: Male
*	<u>PERMENENT ADDERESS</u>	



- \* <u>NATIONALITY</u> : Indian
- \* EDUCATIONAL QUALIFICATION:

Email Id

Passed Higher Secondary Examination from Bolpur N.N.B. High School with II division.

: biswajitgarai1@gmail.com

◆ Passed Secondary Examination from Bolpur N.N.B. High School with II division.

### DEGRESS/DIPLOMA AWARDED:

- ♦ M.P.E with II division in 2008 from Visva-Bharati, Santiniketan (W.B).
- ◆ B.P.E with I division in 2006 from Visva-Bharati, Santiniketan (W.B).

# \* <u>PROFESSIONAL QUALIFICATION:</u>

- ✤ Qualified Technical Official Kabaddi in W.B.
- Six-Week Certificate Course in Sports Coaching in Cricket (SAI, NSNIS Patiala in 2011)
- ✤ Qualified Research Eligibility Test at Visva-Bharati University in 2013.

# \* <u>COMPUTER KNOWLEDGE</u>

Sasics of computer application (MS office, Excel, Power Point and Internet)



## \* <u>TEACHING EXPERIENCE</u>

- Serving as a <u>Guest Teacher</u> at <u>Bhangar Mahavidyala</u>, South 24 Pargana since <u>17<sup>th</sup> Aug</u> <u>2010 to till Date.</u>
- Working as a Guest Lecturer at Physical Education Department, Vinaya-Bhavana, Visva-Bharati, Santiniketan.
- Three years working experience at Patha-Bhavana School.

### \* <u>COACHING EXPERIENCE</u>

Serving as a Cricket Coach at Visva-Bharati University, Santiniketan <u>since 30<sup>th</sup> Nov</u> <u>2008 to till Date.</u>

### \* <u>EXPERIENCE OF ORGANISED VARIOUS TOURNAMENTS & MEET:</u>

- ✤ Five times Organized Annual Athletic Meet at Bhangar Mahavidyala, South 24 Pargana.
- East Zone Inter University Table Tennis Men & Women Tournament at Visva-Bharati, Santiniketan in 2011.
- Four times Organized C.A.B Ajoy Ghosh Memorial Trophy Tournament at Visva-Bharati, Santiniketan in 2010, 2012, 2013 and 2014.
- C.A.B Inter University T-20 Cricket Tournament at Visva-Bharati, Santiniketan in 2010.
- Two time Organized C.A.B Inter University Inter College T-20 Cricket Tournament at Visva-Bharati, Santiniketan in 2013 and 2014.
- Two times Organized I.F.A Elliot Shield Football Tournament at Visva-Bharati University in 2011 and 2013.
- Seven times Organized Visva-Bharati University and Patha-Bhavana Annual Athletic Meet.
- Three times Organized Visva-Bharati University Staff Football Tournament in 2009, 2012 and 2013.
- One time Organized Visva-Bharati University Staff Volleyball Tournament.
- Seven times Organized Inter Bhavana Cricket and Football Tournament at Visva-Bharati University.
- Three times Organized Inter Bhavana Basketball, and Table -Tennis (M&W) Tournament at Visva-Bharati University.
- Two times Organized Inter Bhavana Badminton (M&W) and Volleyball (M) Tournament at Visva-Bharati University.

### \* <u>SPORTS ACHIVEMENT</u>

- Four times represented Visva-Bharati, in East Zone Inter University Cricket Tournament in 2003, 2005, 2006 & 2007.
- ✤ Four times represented Visva-Bharati in Ajoy Ghosh Memorial Trophy Tournament organized by C.A.B. (The Cricket Association of Bengal) in 2003, 2005, 2006 & 2007.
- Two times represented Visva-Bharati in Inter University T-20 Cricket Tournament organized by C.A.B. (The Cricket Association of Bengal).
- ✤ Two times represented Visva-Bharati in Inter College T-20 Cricket Tournament organized by C.A.B. (The Cricket Association of Bengal) in 2006 & 2007.
- ✤ Four times represented Visva-Bharati, in East Zone Inter University Kho-Kho Tournament in 2004, 2005, 2006 & 2007.
- ♦ One time represented State Kho-Kho championship.

# <u>EXTER CURRICULAR ACTIVITIES</u>

✤ N.C.C 'B' Certificate Holder.

# \* <u>SEMINAR AND CONFERENCE</u>

- Participated in the National Conference on Trends and Practices in Physical Education.
- Participated in the Seminar of Positive steps in Cricket The Cricket Association of Bengal.
- Presentation and Publication in the National Seminar: Proceeding of USNS, UCTC-2013, "Sustainable Development of Physical Education for Health, Active Lifestyle and Wellbeing in 21<sup>st</sup> Century" "A Study on Aerobic Fitness of Under Graduate and Post Graduate Physical Education Student". ISBN No: 978-81-923488-8-9.
- Presentation in 24<sup>th</sup> National Conference of Sports Psychology on "Sports and Exercise Psychology: Career Development and Psychological Aspects of Youth Sports January, 2014" "Comparative Study of Self Confidence between Male & Female Boxers"
- Presentation and Publication in the Inter National Conference: Proceeding of JECRC University, "Global Excellence in Fitness and Sports Science, Twenty First Century, Patiala, 2015" "A Study on Aerobic Fitness of Physical Education Students and Honours Subject Students" Vol.-II. Page No: 295-297, ISBN No: 978-81-89463-98-4.
- Presentation and Publication in the Inter National Conference: Proceeding of Sri Guru Granth Sahib World University, Fatehgarh Sahib, "Sports, Health and Sports Economics" Twenty First century Publication Patiala "Comparative study on Speed and Agility between college level Football and Cricket Players" Page No.: 17-21, ISBN No.: 978-93-80748-86-3.
- National Seminar on "Fit and Healthy India Vision 2020 A Physical Education Perspective", Lakshmibai National Institute of Physical Education, Guwahati, Assam, Excel India Publishers, New Delhi "Physical Fitness difference between Foreign and Bengali Students of Visva-Bharati" Page No.: 167-170, ISBN No.: 978-93-84869-24-3.

# \* <u>AWARDS AND HONOURS</u>

- ✤ First class 2<sup>nd</sup> in B.P.E (8<sup>th</sup> Batch) in 2006 from Visva-Bharati, Santiniketan.
- ✤ Awarded with Merit scholarship for two years Graduation.

Date:

(MR.BISWAJIT GARAI)